

Ward 3 Jackson City Councilman Kenneth Stokes says he's disgusted with IHL Board's "discrimination against Dr. Elayne Hayes-Anthony" and their naming Dr. Marcus Thompson as JSU's new president. The councilman is also disappointed that the board brought Thompson on abruptly while students are officially out of school. PHOTO BY JANICE NEAL VINCENT



Jackson City Councilman Kenneth Stokes holds press conference against IHL Board on JSU presidential hiring

By Janice K. Neal-Vincent, Ph.D.
Contributing Writer

Ward 3 Jackson City Councilman Kenneth Stokes lashed out against the Institutions of Higher Learning Board in a press conference which he called on the Jack-

son State University campus Sunday, November 26, 2023, at 2:30 p.m.

A seven-term elected councilman, Stokes voiced, "Everybody's asking the same thing: 'What's going on in Jackson?'" In connec-

tion, he said that the board named Dr. Marcus Thompson as the new president, and that he would be sworn in Monday of this week. The councilman charged that this was a strategy used by the board as JSU students were

on fall break and would not return until Wednesday, November 29, 2023.

Stokes claimed that the board had no respect for JSU students and was send-

Stokes
Continued on page 3

New wrinkle in the Jackson trash saga

Richard's asks Hinds County Circuit Court to block new RFP until pending suit is settled



L-R: Council members Foote (Ward1), Lee (Ward 2), Stokes (Ward 3), Lindsay (Ward 7), Grizzell (Ward 4), Hartley (Ward 5), Banks (Ward 6) – PER [HTTPS://WWW.JACKSONMS.GOV/DEPARTMENTS/JACKSON-CITY-COUNCIL](https://www.jacksonms.gov/departments/jackson-city-council)

By Christopher Young
Contributing Writer

The phrase – here we go again – alerts us all to buckle up and be prepared for a repeat of something we have already endured. Hearing those words typically makes us cringe and quickly divert our attention to something else.

In the case of trash collection in our Capital City, there has been a lot to cringe at, but we need to stay focused and make our voices heard. We must not forget that at the heart of this costly controversy is a predominantly African-American Jackson City Council working overtime to keep an African-American contractor from picking up our trash. Just ask yourself

what that's all about – sooner or later your answer will come.

Richard's Disposal was ordered to proceed collecting Jackson's trash on an emergency basis April 1, 2022. The emergency conditions were created by two primary factors: 1) for months a majority of the Jackson City Council kept voting against a long-term contract with Richard's – who had the lowest bid in a blind review of RFP bids – instead clearly wanting Waste Management to continue their costly decades-long solid waste collection services, and 2) the existing contract with Waste Management had expired – leaving the City with no trash vendor.

Don't forget that Jackson City

Council sued Mayor Chokwe Antar Lumumba, claiming overreach of his authority, and the mayor sued back. They were all still in Court when the one-year emergency contract with Richard's expired March 31, 2023.

With neither the council or the mayor relenting, our trash began to pile up on April 1, 2023. Our trash piled up for 17 days with our elected leaders unable or unwilling to compromise.

As reported previously, it was Ward 6 Council member Aaron Banks, who conceded and changed his long-held opposition to anyone other than Waste Management picking up our trash. Through reversing his vote, a one-year contract was agreed to, and Richard's began

picking up our trash again for a one-year period.

Richard's Disposal, Inc. never forgot that a majority of council did their best to ice them out of a long-term contract. Ten days into the 17-day period when trash was piling up, Richard's filed suit for not being awarded a long-term contract. That suit has yet to be settled.

A new Request for Proposals (RFP) was issued by the Mayor of Jackson twelve days ago. Bidders have until December 18, one week before Christmas, to submit their proposals. But now we have a new wrinkle – Richard's Disposal filed suit the day before Thanksgiving asking the

Trash
Continued on page 3

Hatred and greed fuel Voting Rights Act challenges

Oppressive forces are gathering once again intent on further weakening the Voting Rights Act

By Christopher Young
Contributing Writer

The preamble to the US Constitution says: "We the People of the United States, in Order to form a more perfect Union, establish Justice, insure domestic Tranquility, provide for the common defence, promote the general Welfare, and secure the Blessings of Liberty to ourselves and our Posterity, do ordain and establish this Constitution for the United States of America."

The US Constitution, ratified in 1789, is said to be the oldest charter remaining in continuous use anywhere in the world. Despite critical voting rights Amendments to the Constitution;

COMMENTARY

- The 15th Amendment gave African American men the right to vote in 1870,
- The 19th Amendment, ratified in 1920, gave American women the right to vote,
- The 24th Amendment, ratified in 1964, eliminated poll taxes,
- The 26th Amendment, ratified in 1971, lowered the voting age for all elections to 18, toward We The People truly meaning all people, moved us forward yet at a snail's pace. The pace of progress has always been intentional in America.

From 1789, it took another 81

years before a black man could vote under the supreme law of the United States of America. Then another 50 years before women could vote. Then another 44 years before poll taxes were eliminated. Forming a more perfect union always has to be driven from on high in America – left to the states, our progress would be even slower, and perhaps none at all in Southern states.

Numerous federal laws had to be enacted to attempt to install protections against discrimination in voting that just never cease. The Amendments to the Constitution were insufficient.

We The People, threw off the oppression of King George III, but continue to be oppressors in

our own land. Hence came "the Civil Rights Act of 1870, also known as the First Ku Klux Klan Act, in order to enforce the terms of the Fifteenth Amendment, which prohibited the states from denying anyone the right to vote based on race. The act provided criminal penalties for those attempting to prevent African Americans from voting by using or threatening to use violence or engaging in other tactics, such as making threats to terminate a person's employment or evict them from their home," per the Federal Judicial Center.

The Civil Rights Act of 1957 – the first significant measure to

Hatred
Continued on page 3

Biden's dance with the Black Press: A forgotten rhythm?



The Mississippi Link Publisher, Jackie Hampton, having a one-on-one conversation with then, Candidate Joe Biden at The Mills House Wyndham Grand Hotel Feb. 16, 2020 in Charleston. PHOTO BY KAREN CARTER- RICHARDS

By Stacy M. Brown
NNPA Newswire Senior Correspondent

With his campaign flailing, then-presidential candidate Joe Biden knew his fate hinged on African Americans.

Like many successful campaigns, political and otherwise, Biden looked to the Trusted Voice of Black America during what had become a critical, if not grave, moment of reckoning.

On a brisk morning, Feb. 26, 2020, Biden received an essential reminder of the historical significance of the Black Press and how its backing could sway the all-important Black electorate.

However, just one year before the critical 2024 presidential election, where he'll likely face a rematch with Donald Trump, the question arises: has the President forgotten the rhythm that drew him to the dance?

On that crisp February morning in 2020, a chartered bus rolled into historic downtown Charleston, carrying over a dozen Black Press publishers and leaders.

The Mills House Wyndham Grand Hotel on Meeting Street hosted a critical gathering between Biden, his team, and the stalwarts of the Black Press. The stakes were high, and South Carolina held the key to the fate of Biden who trailed badly in the polls as rumors began to fly that he contemplated suspending his campaign.

The strategy was simple:

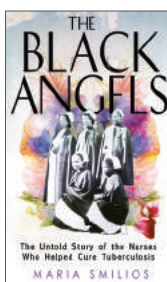
connect with the "Trusted Voice of Black America," a legacy that spans nearly two centuries when Samuel Cornish and John B. Russwurm boldly proclaimed, "We wish to plead our own cause," and started the Black Press in New York.

The boldness of Russwurm and Cornish's statement lies in the fact that they started *Freedom's Journal* with those daring words before slavery ended. From Dr. Martin Luther King Jr. to Mamie Till, the Black Press has been the conduit for crucial messages that have reverberated globally.

Biden's interview with NNPA President and CEO Dr. Benjamin F. Chavis Jr. broadcast over the expansive social media channels of the Black Press, became a lifeline for his campaign. His words could now reach over 30 million people, particularly African Americans. A subsequent national feature article about the get-together ran in many of the more than 230 black-owned newspapers and amplified Biden's message to the African-American electorate.

"The Black vote will determine the nominee... and hopefully the next president and The Black Press is the heart and soul as to why I got involved," Biden acknowledged during the interview, recognizing the pivotal role played by African Americans.

Biden
Continued on page 3



Annie Belle Higgins

August 26, 1934 - November 19, 2023



Higgins

Annie Belle Higgins, a sweet, kind hearted, loving gentle spirit, has gone home to be with our Lord. The third child of four, born to the late Armon and Irene Dixon Higgins began her life on August 26, 1934 in Learned, Mississippi. Her beautiful and faithful life came to a pause Sunday, November 19, 2023.

Her brother Armon James Higgins Sr., parents Armon and Irene Dixon Higgins, brother-in-law Darrel Herron, sister Mae Julia Higgins Brocks, nephew Armon James Higgins Jr., brother-in-law Willie Brocks and sister Clara Lee Higgins Herron preceded her in death.

Annie Belle accepted Christ at an early age and united with the Antioch Missionary Baptist Church in Utica, Mississippi. She later moved her mem-

bership to the Oak Grove Missionary Baptist Church in Utica, Mississippi with her sister Clara Higgins Herron who served as a mother of the church until her passing.

She attended Burleigh Hamilton Elementary School where she obtained a general education and Utica Institute (Hinds County Agricultural High School) where she obtained a high school diploma.

When her sister Clara Lee would beautify the church with flowers and decorations, Annie Belle would assist and when Clara planned a yearly memorial to celebrate her nephew Armon James Higgins Jr.'s life, she was in attendance. Annie Belle was a caregiver, sister and second mother to many. She was devoted to her siblings and parents until they went home to be with the Lord.

When her sister Mae Julia became ill, Annie Belle along with her sister Clara, dropped everything to be at her side. Years later, Annie Belle gave support to her sister Clara during her illness until she left for her heavenly home. She was truly a blessing to those who knew her.

At home, Annie Belle enjoyed gardening. She loved planting flowers with her sister Clara, they both had a "green thumb" and grew beautiful flowers admired by many. Other hobbies she enjoyed included watch-

ing game shows, westerns and classic legal drama shows. She also enjoyed traveling and spending time with family; shopping and dining out; and exercising; especially when Clara walked outside she would often join her for support.

She enjoyed worshipping with her church family at Oak Grove so when unable to attend service in person she often listened to Reverend Eddie Dixon by teleconference. She loved music and especially enjoyed watching The Voice of Goodwill and the singing of Brother Ray MaGee.

Annie Belle will continue to live through those who cherish her memories: uncle, Alonzo (Rose) Higgins of Detroit, Michigan; sister-in-law, Lynoris Marie Higgins of Utica, Mississippi; nieces: Carolyn Higgins of Jackson, Mississippi; Alma (Connie) Dixon of Jackson, Mississippi; Beverly Dianne (Eric) Hodge of Milton, Florida; Josie (Bobby) Latham of Jackson, Mississippi; and Beverly Brocks of Utica, Mississippi; nephews: Carl Wayne Brocks of Richmond, California; Charles (Barbara) Higgins of Hazlehurst, Mississippi; Michael (Adriana) Higgins of Ellenwood, Georgia and many great nieces, great nephews, cousins and friends.

Service was held Saturday, November 25, 2023, at Oak Grove MB Church in Learned, MS.

Anthony Ray Davis

January 4, 1960 – November 22, 2023



Davis

Brother Anthony Davis was born on a beautiful Monday evening, January 4, 1960, to the late James and Mary Davis in Jackson, MS. He was also groomed and reared by the man we all loved and knew as the late Mr. Robert "Pop" Myles.

Anthony received his early education from the Jackson Public School District. He was a proud graduate of Jim Hill High School and later matriculated on to Tougaloo College where he received his bachelor's degree in music. He then obtained a master's degree in musical studies from "Thee I Love," Jackson State University.

Anthony had a love for Christ. He was a charter member of Black's Chapel M.B. Church, which was organized in 1968. He served as chairman of the deacon board at Black's Chapel for over 30 years. Anthony played a vital role in starting the Blacks Chapel Day Care Center.

Anthony was well known in his community through the funeral service industry. He was co-owner of Westhaven Funeral Home since the inception in 1996.

He was a proud licensed funeral director for over 40 years. He loved to display top class, dignified and professional funeral services to all families that he served. It was known amongst his staff that he would often say, "Baby, this HAS to be perfect."

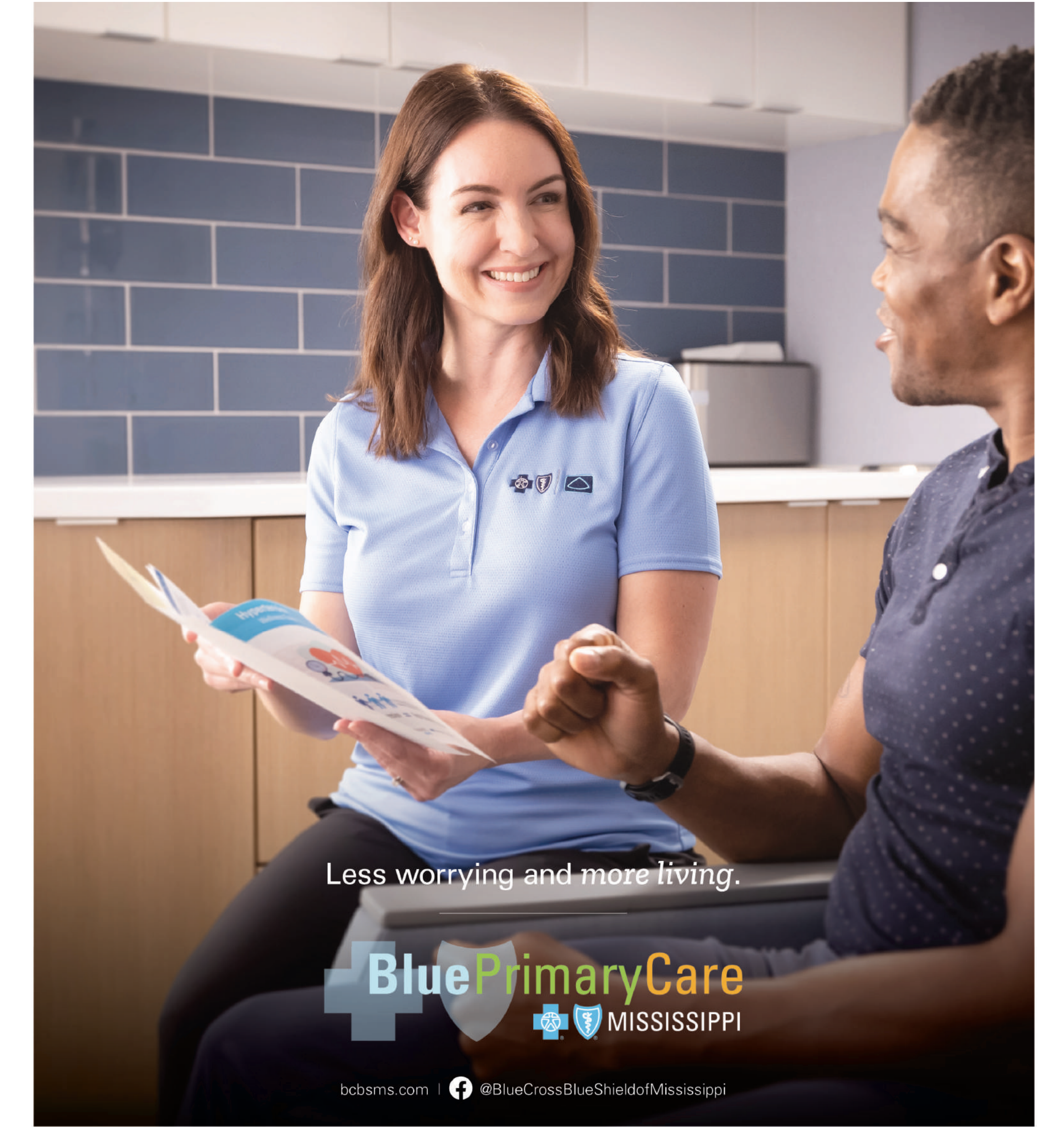
God blessed Anthony with many special gifts throughout his life. One of which many people far and near admired him was his love for music. He enjoyed playing the piano, the organ, singing and directing. Anthony was known for being the first musician to ever play for the renowned Westhaven Fu-

neral Home Gospel Choir. He also played for Black's Chapel M.B. Church, where he served as the first male musician.


Anthony also played for Mount Nebo M.B. Church, Young Chapel C.M.E. Church, Jerusalem Baptist Church, Ebenezer Baptist Church, Saint Mark M.B. Church, College Hill M.B. Church, Greater Clark Street Baptist Church, White Oaks Church, Third Temple Church of Christ Holiness U.S.A., Little Bethel C.M.E. Church, and Ridley Hill Baptist Church. He was also a musician with the Jim Hill High School Band under the direction of Beray Thigpen.

Anthony was preceded in death by his parents, James and Mary Davis; special father, Robert "Pop" Myles; maternal grandparents, Fred and Anna Jamison; two brothers, Harry Lowe and James "Nemo" Davis; two nephews, Ral'Nardo Davis and Annie L. Johnson.


Service will be held Dec. 1 at 11 a.m. at Mt. Nebo MB Church, 1245 Tunica St., Jackson, MS




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Biden

Continued from page 1

can voters. His promises were explicit, and a breath of fresh air in comparison to Trump:

- Addressing housing discrimination
- Investing \$640 billion over a decade for affordable housing
- Dismantling redlining
- Creating opportunities for first-time homebuyers

Those commitments voiced through the Black Press resonated with the black community, a critical demographic that would propel Biden to victory. And it certainly didn’t hurt Biden that shortly after his sit down with the Black Press, and after he promised to appoint the first black woman to the U.S. Supreme Court, the kingmaker, South Carolina Democratic Rep. James Clyburn, formally endorsed him.

Today, Biden’s dance seems to have lost its rhythm. Despite numerous policies benefiting African Americans, his messaging remains non-existent. With the 2024 election looming, polls indicating major declines in black support, Biden’s campaign has ignored, as Biden once said, “What brought me to the dance,” the Black Press.

The recent Biden-Harris ad campaign, “History,” showcases the administration’s investments in rural black communities. While commendable, it raises questions about excluding

black-owned media in those advertising buys. Biden’s campaign boasted a 16-week, \$25 million ad buy targeting black voters, yet the Black Press, with its unmatched influence and historical significance, is conspicuously absent.

As most understand, and the Biden campaign apparently does not, there’s a massive difference between black-targeted and black-owned. While to the campaign’s credit, they are running an ad with Byron Allen’s TheGRIO, a black-owned entity, they haven’t done so with the Black Press – despite televised promises from various individuals in the Biden camp, including DNC Chair Jaime Harrison.

That’s also despite the ever-dwindling support of the black electorate.

As the President gears up for a potential rematch against Trump, the question lingers: has Biden forgotten the rhythm that brought him to the dance, a rhythm inscribed in the ink of the Black Press? Only time will tell if the President can return to the beat that secured his place in the Oval Office.

The Mississippi Link Publisher Jackie Hampton says, “I have total confidence in President Joe Biden and Vice President Kamala Harris. They won’t forget us, and we will not forget how far they have brought us.”

Trash

Continued from page 1

Hinds County Circuit Court to “block Jackson’s newest request for proposals and award the firm a temporary contract,” per WLBT reporting. The new RFP contains language that, depending on the outcome of Richard’s April 10 lawsuit, could mean any potential award from the new RFP process could be terminated.

So much energy, effort and taxpayer dollars have already and continue to be expended. Why you ask? Because a majority of Jackson’s majority-black city council members refused to award the black contractor from Louisiana a long-term contract. They wanted the white-owned multinational corporation, Waste Management, to continue their decades-long and very expensive services.

Ward 1 Council Member Ashby Foote is one of three council members who have consistently supported the status quo, thereby preventing a black company from having a long-term trash collection contract. Now he is counting on Jacksonians having a short memory. In talking to WLBT about the new RFP process and the Richard’s lawsuit – attempting to change the narrative – trying to flip responsibility away from the city council and onto the mayor, he said, “The attorneys for Richard’s seem to be doing the best they can to create a legal hairball out of the garbage situation. Their attorneys portray them as victims of the city council. It is the administration that has acted outside the law

and created the quagmire that now entangles city government.”

On WJTV’s Mississippi Insight program broadcast, November 19, 2023, host Byron Brown asked his guest, Ashby Foote, many questions about the new RFP process. Fortunately, it was on my DVR, and will soon be posted on Youtube for all to see.

When Byron Brown asked – ideally with a six-year contract what are you hoping to spend? Foote responded, “Obviously the lesser the better you want to spend, but you also want to get a reliable vendor that can show up every day to pick up garbage when there is supposed to be garbage picked and be there at a time when the residents expect...” He spoke also about the added expense of emergency contracts, “the last eighteen months has been the most expensive garbage collection the city’s ever had.”

At no time in the interview did he take a morsel of responsibility for his role in contributing to the additional legal expenses for the taxpayers. In flimsy discourse he tried to cast Richard’s Disposal as unreliable.

If you closed your eyes and listened, he could well have been mistaken for a Waste Management spokesperson, as opposed to a City of Jackson council member concerned about what’s best and cheapest for all of Jackson. For now, we’ll have to wait and see what The Honorable Judge Adrienne H. Wooten has to say about it.

Hatred

Continued from page 1

address African American civil rights since 1875 – established the U.S. Commission on Civil Rights for two years, created a civil rights division in the U.S. Justice Department, and authorized the U.S. Attorney General to seek federal court injunctions to protect the voting rights of African Americans.

The Civil Rights Act of 1960 strengthened the provisions of the 1957 act for court enforcement of voting rights and required preservation of voting records. It also included limited criminal penalty provisions related to bombing and obstruction of federal court orders, aimed particularly at school desegregation. The Civil Rights Act of 1964 prohibited discrimination in the workplace, public accommodations, public facilities, and agencies receiving federal funds, and strengthened prohibitions on school segregation and discrimination in voter registration, both per The Library of Con-

gress.

The Voting Rights Act of 1965 prohibited voter discrimination based on race, color, or membership in a language minority group. It also required certain places to provide election materials in languages besides English. The act also placed limits on certain states with a history of voter discrimination. These states had to get federal approval before passing voter restrictions, per Federal Judicial Center. Ninety-five years since the first Civil Rights Act and the discrimination persisted – a long way from a more perfect union.

The Voting Rights Act of 1965 had requirements for preclearance for certain states in their entirety and other select counties before any changes could be made to their election practices and procedures. The states covered were Alabama, Alaska, Georgia, Louisiana, Mississippi, South Carolina and

Virginia. In addition, certain political subdivisions (usually counties) in four other states (Arizona, Hawaii, Idaho and North Carolina were covered jurisdictions.

“In 2013, the effect of the Shelby County v. Holder decision was that the jurisdictions identified by the coverage formula in Section 4(b) no longer need to seek preclearance for the new voting changes, unless they are covered by a separate court order entered under Section 3(c) of the Voting Rights Act, “per the Department of Justice Division of Civil Rights. For 48 years these bad actors were restricted and monitored on any changes to their election’s practices, but then that blanket was removed.

Now, here we are ten years later, and “a three-judge panel of the 8th Circuit Court of Appeals, whose rulings apply to Arkansas, Iowa, Minnesota,

Missouri, Nebraska, North Dakota and South Dakota, has struck down a key path for enforcing the Voting Rights Act, in a 2-1 vote, “per National Public Radio on November 20, 2023. Underneath it all, it’s about limiting protections for people of color by limiting challenges that can be made by private individuals and groups like the NAACP, who do not represent the U.S. government, but have for decades brought the majority of Section 2 cases to court.

In his dissent to this decision that will surely go to the Supreme Court, Chief Judge of the 8th Circuit, Lavenski R. Smith, wrote, “Until the [Supreme] Court rules or Congress amends the statute, I would follow existing precedent that permits citizens to seek a judicial remedy. Rights so foundational to self-government and citizenship should not depend solely on the discretion or availability of the government’s agents for protection.”

Stokes

Continued from page 1

ing them “a strong message.”

Being away from the university, the students could not show their support for Dr. Elayne Hayes-Anthony, the acting president and only reported candidate to apply for the position of president. Several weeks ago, a rumor ran away like a rushing wind that the board had asked Dr. Hank Bounds (IHL commissioner from 2009-2015) to serve as president. Dr. Bounds commented via media that he was neither a candidate nor a finalist. Thus, Monday, November 27, 2023, was the day that Thompson was sworn in as JSU president.

In the past, presidents hired during the fall term have come aboard in fulfillment of their presi-

dential duties on January first. Thus, Stokes was questioning, “Why the rush?” In grappling with the question, he read statements from print media. “Thompson said in *The Jackson Advocate* that he wasn’t a candidate, but the board made him president,” said Stokes.

Continuing his concern, the councilman articulated that Thompson “never should’ve been considered.” The hiring process “was not done fairly in the beginning.” Stokes added that there was a “hidden agenda” in the hiring process. “The only thing that comes to my mind is discrimination,” claimed the speaker.

According to Stokes, the board made a nonsensical appointment. “Our babies’ education

and their future are at stake.” He further noted that Dr. Hayes-Anthony long ago received her doctorate [from the University of Illinois] and that Dr. Thompson, on the other hand, recently received his doctorate [from JSU] but “hasn’t even been hooded, and he’s coming to rule those who have.”

The speaker continued further that Dr. Hayes-Anthony ranks above Dr. Thompson in qualifications for the presidency of JSU. As he referenced her role as acting president, Stokes noted: “Dr. Anthony has done a wonderful job leading the university. Everybody knew she was qualified and...she brought pride to the City of Jackson.”

Councilman Stokes said emphatically that the

black woman is the one who has “carried” the African-American race. Acknowledging that he had nothing against the black man, he asserted that “if it wasn’t for the black woman, the race would be extinct.” He used deductive reasoning when he claimed that Dr. Hayes-Anthony was a black woman who “graduated” and who can “run the university.”

Ward 3 City Councilman Kenneth Stokes, a Lanier High School and Jackson State University graduate, received his Juris Doctorate degree in law from Thurgood Marshall School of Law at Texas Southern University (Houston, Texas). He is the longest serving African-American elected in Jackson City government.

A Little Snowflake is on the way...

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Groundbreaking collaboration of ‘Food Is Medicine’ press conference and panel discussion

By Jackie Hampton
Publisher

The Reuben V. Anderson Institute for Social Justice at Tougaloo College, in collaboration with the Friedman School of Nutrition Science and Policy at Tufts University, held a press conference Wednesday, Nov. 29, 2023, at the Bennie G. Thompson Civil Right Building on the campus of Tougaloo College at 10 a.m., where they formally announced the Delta Greens “Food Is Medicine” (FIM) project. This collaboration is deemed to be a monumental partnership.

Celestial Gordon-Griffin, program director/specialist for the Bennie G. Thompson Leadership Development Center at Tougaloo College, welcomed panelists, students, faculty and staff as well as community guests prior to introducing Attorney Julian D. Miller, director/asst. professor of political science Reuben V. Anderson Institute for Social Justice.

Attorney Miller, in sharing a history of how the project came to be, started out saying gleefully, “Let me give you some information on the back story.” While chuckling with pride he said, “This project came together in just 26 days.” He attributed this feat to what he described as the amazing team at Tougaloo and the partners involved.

It took only 26 days to receive word that a grant for the project had been approved. Miller said the fight for justice by Tougaloo students during the Civil Rights era is a legacy they left behind and this initiative of ‘Food Is Medicine’ would add to that legacy because it addresses economic disparities and public health disparities.

Food Is Medicine (FIM) initiative enables individuals to receive produce prescriptions. This and similar programs demonstrate significant potential for addressing nutritional



Panelists (L-R) Morgan Stanley, Celestial Gordon-Griffin, Atty. Julian Miller, LeBroderick Woods, Dan Shultz and Christina Economos



(L-R) Christina Economos, Atty. Miller, Tougaloo Pres. Dr. Donzell Lee and Tri-sha Perez Kennedy, Tufts Univ. Friedman School for Nutrition Science & Policy

insecurity.

The Delta Greens FIM project will be among the first and the largest studies of its kind in the country. Most importantly, it will be one of the few studies that is driven by locally-sourced fresh produce as a means to build an economically sustainable food system in the Mississippi Delta.

Christina Economos, Ph.D., is the dean of the Friedman School of Nutritional Science at Tufts University. She spoke of the incredible journey she has had in working with this project which received a \$6.6 million grant to be used over a five-year period to be used for the FIM project. She stated what Tufts University values most is helping students and establishing partnerships outside their community which can have an impact of sustainability that will not go away when the money goes away.

The FIM project will use randomized controlled trial measuring objective cardio metabolic risk factors among minority populations in persistently disadvantaged communities.

After the press conference a



Atty. Julian Miller



Atty. Miller with Rokiyah Hobb, student



Christina Economos, PhD, Dean of School of Nutrition Tufts Univ.

panel discussion was held on campus in Woodworth Chapel. Panelists included Morgan Stanley, sophomore biology and public policy major, Celestial Gordon-Griffin, program director of the Bennie G. Thompson Delta Leadership Program, Attorney Julian Miller, founding director of the Reuben V. Anderson Institute for Social Justice/assistant professor of political science

(Tougaloo College), LeBroderick Woods, co-founding program director, Dan Shultz, senior program manager, Tufts University and Christina Economos, Ph.D., dean of the Friedman School of Nutritional Science, Tufts University.

Gordon-Griffin, told *The Mississippi Link* that the panel discussion was very informative to those in attendance. As one of the panelists, she said,

“The Food Is Medicine program is so important for the state of Mississippi because the governor wants to limit Medicaid and Medicare funding. This program will allow doctors to prescribe fresh fruits and vegetables which is so important because so many people suffer from diabetes and hypertension in the state.”

Gordon-Griffin said this program will also bring economic

growth to black farmers in the delta area.

The Tougaloo and Tufts team will venture to the Mississippi Delta on November 30 and tour the partner farms as well as engage in a work session with the local food policy council formed to implement a community engagement strategy for the project as well as to assist in its implementation on the ground.



Students (L-R) Nilah Jones, Morgan Stanley, London Lyle and Cameron Washington

PHOTO BY JACKIE HAMPTON

Six-year-old Mississippi girl honored for rescue efforts

The Associated Press

A 6-year-old Mississippi girl is being honored for helping emergency responders find her family’s car after her mother had a stroke while driving in a rural area.

Bryanna Cook is a first grader at Fairview Elementary School in Columbus, and Lowndes County supervisors have adopted a resolution to honor her bravery, the *Commercial Dispatch* reported.

Bryanna and her mother, Yolanda Cook, were headed to see Bryanna’s grandmother in Preston on Oct. 23 when Cook had a stroke while driving on Mississippi Highway 21 between Shuqulak and Macon. After the car stopped in the woods, Cook became unresponsive and Bryanna grabbed her mom’s cellphone.

“I was scared, so I called my grandmother, and my mom wouldn’t wake up,” Bryanna said Friday.

Her grandmother told her to call 911. Bryanna first spoke to a Noxubee County dispatcher, who connected her with Lowndes County dispatcher Latonya Malone.

Bryanna then helped Malone and first responders in Noxubee and Lowndes counties by describing her surroundings, how far the car was from the road and the condition of her mother, who was otherwise uninjured.

Malone said that while she had Bryanna on the 911 line, she used her cellphone to talk to Bryanna’s grandmother.

“Bryanna was able to tell us where they were going and the grand-



Latonya Malone, a 911 dispatcher from Lowndes County with Bryanna Cook, a 6 year old honored for her bravery PHOTO PROVIDED BY ANGIE CRADDIETH,VIA AP

mother helped, too, because she told us around where they were at the time” based on when they left home, Malone said.

Over the next two hours, while first responders looked for the pair, Bryanna stayed on the phone and followed Malone’s instructions.

Bryanna said she opened the doors to give her mother some fresh air and, “I tapped her on the face to see if she would wake up, but she didn’t.”

Information from Bryanna and her grandmother eventually brought first responders to the car, Malone said. Cook was taken to the Macon hospital before being airlifted to North Mississippi Medical Center in Tupelo.

Bryanna stayed with her mother at the hospital until Cook was released Oct. 31.

“Her teachers and the school prin-

cipal were all very supportive,” Cook said.

“I helped my mom because I saved her,” Bryanna added. “At the hospital, I helped her get out of bed and walked with her down the hallways because I love her.”

When county supervisors honored Bryanna, Malone got to meet her in person.

Fairview Principal Monte Ewing-Johnson said Bryanna displayed values the faculty try to instill in students.

“The level of joy my heart felt when I learned of Bryanna’s heroism is immeasurable,” she said. “Bryanna is kind, compassionate and patient with her classmates; therefore, it is not hard to believe that she was able to call 911 and wait as she and her mom were rescued.”

Mississippi drops charges in killing of former state lawmaker

By Emily Wagster Pettus
Associated Press

Mississippi prosecutors have dismissed indictments against a man in the shooting death of a former state lawmaker and the earlier burning of a building, saying they need more time to investigate.

The murder and arson charges against Billy Lamar Brooks were dismissed without prejudice, which means a grand jury could consider new charges later, according to a document filed Friday in Yalobusha County Circuit Court.

Republican former state Rep. Ashley Henley, 40, was shot to death in June 2021 outside the burned-out mobile home in a rural area where her sister-in-law, Kristina Michelle Jones, was found dead in December 2020.

“After reviewing the case for trial, attorneys for the state requested additional time to fully investigate and review this matter,” said the document signed by an assistant district attorney and Circuit Judge Smith Murphey.

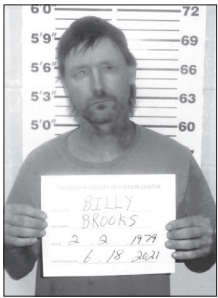
The document said it is “not possible to estimate the timeframe needed to complete this investigation,” but prosecutors could present the case to a grand jury at some point.

Brooks’ attorney, Bradley Peebles, declined to comment Wednesday on this latest development. He told The Associated Press that Brooks has been out on bond since last year.

Henley and other relatives contended Yalobusha County authorities were doing too little to examine possible criminal charges in Jones’ death. Relatives put up a homemade sign at the mobile home site with photos of Jones under the phrase, “I was murdered.”



Henley



Brooks

Yalobusha County coroner Ronnie Stark said Henley had been mowing grass at the site before she was killed.

Brooks, who lived near Jones, was indicted in February 2022 on a charge of maliciously setting fire to the home of Jones and Terry Henley. Court records show that on June 30, 2022, a grand jury filed a new indictment against Brooks to add a murder charge in the death of Ashley Henley.

Investigators said Henleys body had been found on June 13, 2021. The dismissed indictment accused Brooks of killing her on or about the same day.

Ashley Henley served in the Mississippi House from 2016 to 2020 in a district in DeSoto County, about 70 miles (115 kilometers) north of where she was killed. She was a teacher before she was elected to office, and she often took her young son to the state Capitol during legislative sessions.

Henley sought a second term in November 2019 and lost by 14 votes to a Democrat. She challenged the election results, saying she believed she had found some voting irregularities. A bipartisan House committee held a public hearing on her challenge and unanimously dismissed her request for a new election.

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Officials Find Encouraging surge in life expectancy among Black Americans



The comprehensive report utilizes provisional vital statistics data for 2022, providing crucial insights into the nation's health landscape.

By Stacy M. Brown
NNPA Newswire Senior
National Correspondent

The latest findings on life expectancy in the United States from the National Center for Health Statistics (NCHS) underscored a noteworthy upswing for the African-American population in 2022. With the fallout from the COVID-19 pandemic continuing, the NCHS has highlighted the positive strides in health outcomes, particularly for Black Americans.

The comprehensive report utilizes provisional vital statistics data for 2022, providing crucial insights into the nation's health landscape. Notably, life expectancy at birth for the entire U.S. population increased, reaching 77.5 years in 2022—a significant rise of 1.1 years from the preceding year. The positive trend is reflected in both genders, with males experiencing a 1.3-year increase (74.8 years) and females seeing a rise of 0.9 years (80.2 years).

The report also highlighted the marked improvement in life expectancy for the black non-Hispanic population. The data indicated a substantial increase of 1.6 years, elevating life expectancy from 71.2 in 2021 to 72.8 in 2022. Health officials said that represents a step towards narrowing historical disparities but also signals a promising shift in health outcomes for Black Americans.

The report attributed a significant portion (84.2%) of the overall increase in life expectancy to decreases in mortality due to COVID-19. Other contributors include reductions in mortality related to heart disease (3.6%), unintentional injuries (2.6%), cancer (2.2%), and homicide (1.5%). However, the gains could have been more pronounced if not for counterbalancing increases in mortality due to influenza and pneumonia (25.5%), perinatal conditions (21.5%), kidney disease (13.0%), nutritional deficiencies (12.6%), and congenital malformations (5.9%).

While the report paints an optimistic picture of health improvements, it emphasizes that the upswing in life expectancy doesn't fully offset the 2.4-year loss observed between 2019 and 2021 due to the COVID-19 pandemic. Racial and ethnic disparities persist, with the white non-Hispanic advantage over the black non-Hispanic population decreasing by 14.5% from 2021 (5.5 years) to 2022 (4.7).

"There appears to have been some recovery from covid, but we still have a way to go," William Schaffner, an infectious-disease physician at the Vanderbilt University School of Medicine, told the *Washington Post*. "Covid remains with us and continues to put people in the hospital, and have a substantial mortality rate associated with it, particularly among older people and people who are immunocompromised," Schaffner said. Schaffner added that the lingering effects of the pandemic and other health challenges provide a reminder that the United States needs to continue its comprehensive childhood vaccination program, which typically requires children to be immunized before attending school.

"And now we have a slow erosion of that, with increasing vaccine skepticism and more and more parents withholding their children from comprehensive vaccination," Schaffner said. "We don't want to erode these very successful preventive health initiatives."

Judge awards Aretha Franklin's property to her sons



Franklin

Black Press USA Newswire

A Michigan judge has allocated properties owned by the late legendary soul singer Aretha Franklin to her sons based on a 2014 handwritten will discovered between couch cushions. The decision came after a jury in the Detroit area affirmed the document's validity four months ago, despite its somewhat messy appearance. The ruling replaces a prior 2010 handwritten will that had surfaced earlier in the estate proceedings.

The judge's ruling outlines that Kecal Franklin will inherit a property mentioned in the 2010 will, now valued at more than its initial \$1.1 million assessment in 2018. Another of Franklin's sons, Ted White II, who favored the 2010 will, was granted ownership of a Detroit house. However, the estate sold the property for \$300,000 before the emergence of conflicting wills. A third son, Edward Franklin, was awarded a property under the disputed 2014 will.

Still, the judge noted a need for more clarity in the 2014 will regarding the recipient of a property valued at over \$1 million.

Despite the developments, disputes persist over handling Franklin's music assets, with the will suggesting income sharing among her sons. During an upcoming January status conference, the parties will try to address unresolved matters in the ongoing saga of Franklin's estate.

"This was a significant step forward. We've narrowed the remaining issues," Charles McKelvie, an attorney for Kecal Franklin, told the Associated Press.

The Queen of Soul, who died in 2018 at 76, sold more than 75 million records worldwide and left an indelible mark on the music industry with her powerful and soul-stirring voice. Her iconic career spanned several decades, and she became synonymous with hits like "Respect," "Natural Woman" and "Chain of Fools."

Franklin's remarkable contributions earned her numerous accolades, including 18 Grammy Awards, making her one of the most awarded female artists in Grammy history.

'Mr. Big Stuff' singer Jean Knight dies at 80



Jean Knight and her band perform on the Abita Beer Stage during the fourth and final day of the 33rd annual French Quarter Festival, April 10, 2016, in New Orleans. Knight, a New Orleans-born soul singer known for her 1971 hit "Mr. Big Stuff," died Wednesday, Nov. 22, 2023, at age 80 from natural causes, family representative Mona Giamanco said. She confirmed the death to the Associated Press Nov. 27. ELIOT KAMENITZ/THE TIMES-PICAYUNE/THE NEW ORLEANS ADVOCATE VIA AP

By Sara Cline
Associated Press

Jean Knight, a New Orleans born soul singer known for her 1971 hit "Mr. Big Stuff," has died at 80.

Family, friends, fans and veterans of the music world mourned the loss of the Grammy-nominated singer who was considered a musical powerhouse and an integral part of New Orleans' music legacy.

Knight died Wednesday of natural causes in Tampa, Florida, where she was residing, said family representative Mona Giamanco. She confirmed the death to the Associated Press Monday afternoon.

"Jean Knight's legacy is

not just a musical one; it is a testament to the enduring love between an artist, her hometown and the fans who adored her," the singer's family said in a statement.

Knight got her start in her hometown of New Orleans by singing in her cousin's bar shortly after graduating from high school. In the 1970s she recorded "Mr. Big Stuff" — a sassy and soulful chart-topping anthem that became known for the infectious refrain of "Who do you think you are?"

The song reached No. 1 on Billboard's R&B chart and No. 2 on Billboard 200 pop chart, earning Knight a Grammy nomination for best female R&B vocal performance in 1972.

The Stax Museum of American Soul Music said in a news release that Knight was Stax Records' top-selling female artist.

Following the success of "Mr. Big Stuff" Knight went on to record several more albums — including ones that featured songs "Don't Mess With My Toot Toot" and "Bill" — and formed her own label, Comstar.

Reginald Toussaint was an engineer for one of Knight's albums and even helped mix a song that his father — musical legend Allen Toussaint — wrote for it. Reginald became friends with Knight, who he described as a "wonderful woman."

"She was genuinely a nice person with a gentle spirit ... whenever I saw her she was always smiling," said Toussaint, the executive director of production for New Orleans Jazz Fest and Essence Music Festival.

Knight spent years touring and performing locally, both on large festival stages and in more intimate smaller French Quarter venues.

In addition to her soulful, sassy and joyful performances, among family and friends she was known as a mother and grandmother who loved cooking Creole dishes and celebrating Mardi Gras.

Information about her funeral arrangements was not immediately available.

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American Lung Association Brief: Mississippi has among highest rates of COPD in the country

The Lung Association’s COPD State Briefs outline steps for healthcare and public health professionals to help improve the lives of people living with COPD

Mississippi Link Newswire

November is COPD Awareness Month – a time to raise awareness, take action and help make a difference in the lives of people living with chronic obstructive pulmonary disease (COPD). The disease, which includes chronic bronchitis and emphysema, is long-term, progressive and makes it hard to breathe. There is currently no cure for COPD, but the disease is treatable.

As the month comes to a close, the American Lung Association is driving attention to its recently released COPD State Briefs, which include data about prevention, diagnosis, health outcomes and treatment of the disease for all 50 states and Washington, D.C. The State Briefs found that Mississippi has one of the highest COPD prevalence rates in the country.

Nationally, approximately 5 percent of adults, or 12.5 million people, are living with COPD.

In Mississippi:
204,875 of adults have been diagnosed with COPD;



The COPD prevalence rate is 9.1 percent;

2,086 people die each year from COPD;

Annual cost of COPD treatment is \$280 million; and

204,590 days of work are lost each year due to COPD.

“Unfortunately, here in Mississippi, we face a higher burden of COPD, but together we can work to help prevent COPD and support our community members living with the disease to live longer and more active lives,”said Ashley Lyerly, senior director of ad-

vocacy for the Lung Association in Mississippi. “The new COPD State Briefs also examine key indicators for COPD in Mississippi, such as air quality, tobacco use, education, income level and vaccination rate, which can help us determine where to focus our prevention efforts and help those most impacted by the disease.”

The Lung Association recommends the following actions to reduce the burden of COPD in Mississippi:

Use a validated COPD screening tool for people who may be at risk of COPD or reporting symptoms;

Confirm a COPD diagnosis using spirometry, especially in primary care;

Use evidence-based tobacco prevention and cessation services;

Promote recommended vaccinations; and

Recommend pulmonary rehabilitation, COPD education and a COPD Action Plan.

Mississippi is one of 11 states with the highest COPD rates and highest burden in the country. The other states are Alabama, Arkansas, Indiana, Kentucky, Louisiana, Missouri, Maine, Ohio, Tennessee and West Virginia. COPD prevalence rates range from 3.7 percent in Hawaii to 13.6 percent in West Virginia.

The goal of the COPD State Briefs is to raise awareness for COPD and empower public health and healthcare professionals to take actionable steps to prevent the onset of illness, reduce health inequities, set goals for earlier diagnosis and ensure clinical guidelines are used to manage and treat COPD.

The COPD State Briefs were cre-

ated with support by the Centers for Disease Control and Prevention.

Learn more and view the COPD State Briefs at [Lung.org/COPD-briefs](https://lung.org/COPD-briefs).

About the American Lung Association

The American Lung Association is the leading organization working to save lives by improving lung health and preventing lung disease through education, advocacy and research. The work of the American Lung Association is focused on four strategic imperatives: to defeat lung cancer; to champion clean air for all; to improve the quality of life for those with lung disease and their families; and to create a tobacco-free future.

To support the work of the American Lung Association, find a local event at Lung.org/events.

For more information about the American Lung Association, which has a 4-star rating from Charity Navigator and is a Platinum-Level GuideStar Member, or to support the work it does, call 1-800-LUNGUSA (1-800-586-4872) or visit: Lung.org.

Winter comfort hacks for contact lens wearers

StatePoint

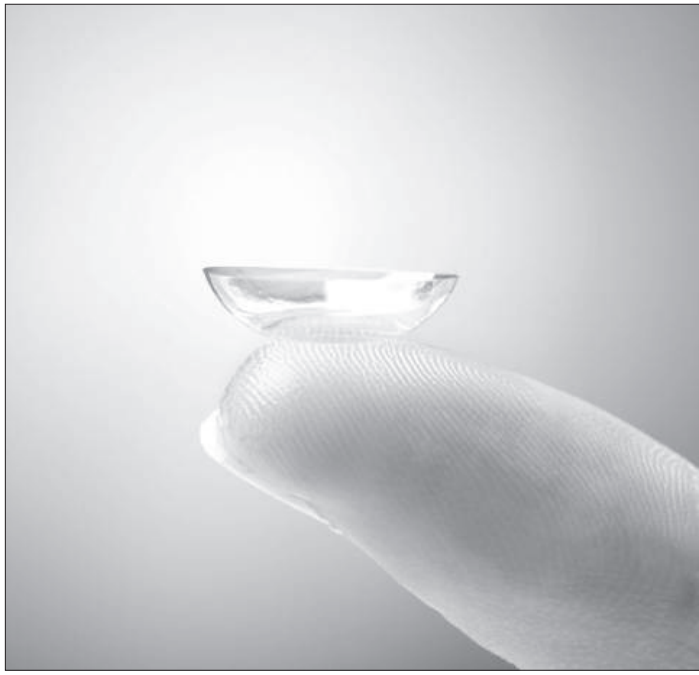
One in five contact lens wearers find lenses to be less comfortable by the end of the day. If that describes you, you may already know that cold air, wind, and indoor heating, especially during winter, can bring additional challenges.

The good news? It doesn't have to be that way. From your morning coffee to post-work happy hour (or gym session), you can help your lenses go the distance in cool weather with these comfort hacks:

1. Control indoor air: Indoor heating reduces humidity, which can result in a drying effect on the lenses. You can help ease the resulting discomfort by turning down the thermostat a bit and by using a humidifier. These days, there are portable mini humidifier models, so it is easy to run one in most rooms or even to bring one to the workplace.

2. Protect winter eyes: Whether you're building a snowman with the kids or enjoying a frosty winter walk in the neighborhood, cold air and wind can dry out the surface of your contact lenses. Add a layer of protection from the elements by wearing UV-blocking sunglasses before stepping outdoors.

3. Follow directions: Whether you gave a huge presentation at work or stayed out a bit too late with friends, it's tempting to fast-track your bedtime routine at the end of a long day, especially as the winter days get shorter and darker. When it comes to contact lens care though, shortcuts like reducing rubbing and rinsing times, or topping off solution mean your lenses aren't getting proper care. Follow the instructions carefully, no matter how ex-



hausted you are, and always remove your lenses before falling asleep.

4. Clean and moisturize: Contact lens wearers who wear contacts that are replaced weekly, biweekly, or monthly may attribute various challenges to wearing their lenses during the winter season, including dryness and irritation. However, using a contact lens solution that conditions and hydrates lenses can help with all-day comfort. Choose a multi-purpose solution recommended by board-certified optometrists that's uniquely formulated for dry, uncomfortable contact lenses, such as Biotrue Hydration Plus Multi-Purpose Solution. Offering exceptional cleaning and disinfection, and dissolving protein build-up, it's formulated with your eyes' biology in mind to promote all-day hydration. In fact, it keeps more moisture on your contacts (for 12 hours compared to the original Biotrue Multi-Purpose Solution, based on a laboratory study) as well as provides up to 20 hours of moisture (based on a

laboratory study).

5. Pack right for holiday and winter travel: Long flights and dry cabin air can leave contact lenses feeling dry. Biotrue Hydration Plus Multi-Purpose Solution also comes in a convenient travel-sized bottle and meets TSA regulations as a medically necessary liquid, so it can be easily tossed into your carry-on to equip your contacts for comfort. And to provide instant moisture and comfort to lenses, try using Biotrue Hydration Boost Contact Lens Drops, a preservative-free hydrating formula enhanced with bio-inspired ingredients.

6. Take inventory of your habits: Are you enjoying increased screen time as you spend more time indoors? Be sure to practice self-care and take regular screen breaks. Every 20 minutes, look 20 feet away for 20 seconds.

By employing these lens-related comfort hacks, you can help contacts feel comfortable this winter, and beyond.

For more information visit biotrue.com

Myths about low carb

By Vince Faust

Tips to Be Fit

Your stores and restaurants are filled with low-carb choices. These choices imply that the product is healthier. This low-carb myth is very dangerous.

The primary function of carbohydrates is to supply energy to all the cells in your body. In the body, carbohydrates are broken down into smaller sugar molecules, such as glucose and fructose. Your small intestine absorbs these sugar molecules. From your intestines they enter the bloodstream and travel to the liver. Your liver converts these sugars into glucose, which is carried through the bloodstream accompanied by insulin.

Your glucose is converted into energy for basic body functioning and physical activity. If the glucose is not needed immediately for energy, your body will store up to 2,000 calories of it in your liver and muscles in the form of glycogen. When your glycogen stores are full, the remaining carbohydrates are stored as fat.

If you don't ingest enough carbohydrates, your body will use protein for fuel. This can be a problem because your body needs protein to make muscles and build bone. When your body uses protein instead of carbohydrates for fuel it puts stress on the kidneys. This can lead to the passage of painful byproducts such as urea and ammonia in the urine.

Myth #1

All carbohydrates are bad.

Carbohydrates have been given an undeserved bad reputation. One reason is that consuming too much of the wrong kind of carbohydrates causes the body to produce too much insulin, the hormone that helps regulate sugar rather than burn it. Excess insulin production has been linked to heart disease, type 2 diabetes, breast cancer, colon cancer and prostate cancer. Not all carbhy-

drates are bad. Carbohydrates found in vegetables, whole-grain and fruit enter into your bloodstream more slowly. Unlike processed foods, vegetables, whole-grain and fruit and fiber supply you with disease fighting nutrients into your system.

Myth #2

Eating low-carb versions of foods such as bread and pasta are healthier and will help you lose weight.

Manufacturers have succeeded in taking out parts of carbs and replacing flour with wheat gluten and other proteins, plant fiber, poorly digested starches and other bulking agents. These foods still contain calories. Ounce for ounce these modified foods may have the same amount of calories. This can be said for sugar-free dessert, which often contain generous amount of fat to make up for the quality lost when you take out sugar.

Myth #3

A low-carb diet is heart-healthy because it helps lower cholesterol.

Carbohydrate levels usually drop on any reduced calorie diet including a low carbohydrate diet because your body is in a state of semi starvation. This does not mean that a regular diet of bunless bacon cheeseburgers is healthy. Diets high in saturated fat have been linked to serious health problems such as colon cancer, type 2 diabetes and Alzheimer's disease. In most cases when the weight loss stops the pounds creep back on and your cholesterol levels will rise again.

Myth #4

All carbs are the same.

The difference with carbohydrates comes in their nutritional value and impact on your health. Some carbohydrates are healthier than others. Many carbohydrates are loaded with nutrients. Fruits and vegetables are great carbohydrate sources. They're excellent suppliers of

vitamins A and C and many other vitamins and minerals. For example, the sugar in apple juice is accompanied by vitamin C, folic acid and potassium. The sugar in grape soda pop is void of vitamins and minerals; that's why it's described as "empty calories."

How Many Carbohydrates Should You Eat?

Sixty percent of the calories you eat every day should come from carbohydrates. To calculate how many carbohydrates you need, multiply the number of calories you need by .6. That means, if you need 2,000 calories per day, 2,000 multiplied by .6 = 1,200. You need 1,200 calories from carbohydrates. There are 4 calories in a gram of carbohydrate. Divide 1,200 calories by 4 = 300 grams.

If you limit carbs it can cause you to have too little of some vitamins or minerals and to have digestive issues. Some health experts think that if you eat large amounts of fat and protein from animal sources, your risk of heart disease or certain cancers can go up.

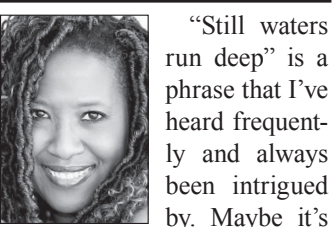
The average American consumes 40% fat, 30% carbohydrates and 30% proteins daily. The average diet should consist of 15% fat, 20% protein and 65% complex carbohydrates. Saturated fats should make up less than 10% of your total fat intake. You should eat 4 to 5 small meals that include 3 to 4 servings of fruits, 3 to 4 servings of vegetables, 2 to 3 servings of whole grains and 2 servings of proteins everyday. Make sure you consume between 12 to 15 calories per pound of body weight daily. We should aim for at least 1600 calories daily. 1600 calories will allow you to get in all the protein, carbohydrate, fat, vitamins and minerals you need daily. You also need to understand portion size. You should also plan your meals.

Before starting any health or fitness program consult your physician.

P R E S E R V E D

Still waters run deep

By Shewanda Riley
Columnist



“Still waters run deep” is a phrase that I’ve heard frequently and always been intrigued by. Maybe it’s because one of my fondest childhood memories was playing on the beach with my family when I was four years old. I remember the sand being hot and my older sister almost getting pulled under by a mysterious sea creature. She said it was something that grabbed her leg and she felt like she was getting pulled down. I still think it was just seaweed wrapped around her leg.

Even though I was young, I still remember being mesmerized by the water. I thought it was so beautiful. Now that I’m older, I can see that the phrase “still waters run deep” might explain my fascination

with beaches and the ocean. I always wondered, “what were those ships doing sailing so peacefully miles away from the shore?” Additionally, “still waters run deep” means that when someone is quiet that usually means there is more than meets the eye and that their exterior might mask something more.

Think of how many times we’ve heard on the news that someone committed a crime. Inevitably, a neighbor will be interviewed and say, “I had no idea he was like that...he was always so quiet!” Still waters running deep. Remember, what looks calm on the outside might hide lots of activity in the heart and mind.

Lately, I’ve participated in conversations with women and men who are wondering where is that spouse that was promised, prophesied, or prayed for years ago. It seems like everything else in life is going in your favor: great job, new

house, awesome car. But there’s this one area where there seems to be silence and inactivity...the love life: no dates worth remembering and no relationships worth keeping. Commercials and videos full of images of happy couples and families may make it worse for some as they long to have someone to love and be loved by.

Recently released statistics show that more women are choosing to remain single longer. And in the case of African-American women, only 30% are in legal marriages. For that 70% who are never married or divorced, there’s got to be some times of stillness. The question shouldn’t be where is your man or woman; the question should be what do you do in the stillness of singleness...when you don’t hear anything from God...not even, “I’m with you, my child?”

Psalm 23:1-2 says, “The LORD is my shepherd; I shall

not want. He makes me to lie down in green pastures; He leads me beside the still waters.”

It may seem that when any part of your life is still, it’s a perfect opportunity to go deeper into the word of God. Go deeper in your commitment to serving him in your local church home. Go deeper in your times of intimacy and prayer. That’s where God (and his higher standards for your life) has led you.

Shewanda Riley (Aunt Wanda), PhD, is a Fort Worth-based author of “Love Hangover: Moving from Pain to Purpose After a Relationship Ends” and “Writing to the Beat of God’s Heart: A Book of Prayers for Writers.” Email her at preservedbypurpose@gmail.com or follow her on Twitter @shewanda. You can also listen to her podcast at www.chocolateauntiepodcast.com.

It takes more to stop the hate than just saying it

By Dr. John Warren
Publisher, San Diego Voice & Viewpoint Newspaper



“Stop The Hate, Spread The Love” are powerful words that convey the idea that we all should be able to get along in spite of our differences. But the reality is that it takes more than just words to bring about the desired change in so much of our national attitudes and consciousness. We know that hate is rooted in the belief that the person or persons or groups hating are “better” than the objects of their hate, and that those who are the objects of such hate, must first be dehumanized by the haters to justify the less than human feelings, attitudes and violent acts against them.

Perhaps the answer has always been just in the mirror as we look at ourselves. One of the two golden rules that Jesus taught carries the answer. Simply that “We should love our neighbors as we love ourselves.” Another way of stating this is that we should treat others as we would have them treat us. How many people do we know who actually hate themselves? We know that some do and that those have been diagnosed with mental problems.

While many people argue against religion even being mentioned outside of calls for a National Day of Prayer when disaster strikes, because of false assumptions about the Separation of Church and State, the reality is that prayer and prayer gatherings where people pray one for

another, offset violent responses to acts of hate and harm from others engaged in such conduct.

The Civil Rights demonstrations in which we saw peaceful gatherings met with dogs and high pressure water hoses as well as violence, revealed that the demonstrators’ deepest power was their teaching demonstrations: they failed to meet hatred and violence with hatred and violence. Their power won out in the end. Those being beaten were not loving the people beating them, but their power was their refusal to give the desired response to justify the continuation of the inhumane treatment they were receiving.

We spread the love by doing what Jesus did when he said “Father forgive them, for they know not what they are doing.” Many times, “forgiving” is harder than fighting. The solution is encouraging the moral power of developing personal reflections on the harm and inhumanity that is inflicted on others when we ourselves respond in hatred to that which either we do not understand, dislike or have a fear of because of the difference we see in someone else.

Yes, it takes more personal power to “Stop The Hate and Spread The Love” than just by saying it. It takes the power of deep self-examination as to how we want others to treat us. Our power is realizing we must give that same treatment and respect, because the objects of our thoughts are just as human as we are.



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8:00 a.m. and 11:00 a.m. - Worship Services

WEDNESDAY
7:00 p.m. - Bible Class

TV BROADCAST
8:00 a.m. - Channel 14 (Comcast)

Prayer Everyday: 6 a.m. and 6 p.m.

True Light Baptist Church
224 E. Bell Street | Jackson, MS 39202
Phone: 601.398.0915
WWW.TRUELIGHTJACKSON.ORG

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Light Line
PRAYER

JOIN US EACH WEDNESDAY
MORNING AT 6:00 AM
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VIRTUAL SERVICES AVAILABLE
SMALL GROUP STUDY 9:00 AM
WORSHIP SERVICE | SUNDAY 10:30 AM
BIBLE STUDY | WEDNESDAY 6:30 PM




REV. MARCUS E. CHEEKS, PASTOR

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TRUE LIGHT BAPTIST CHURCH

Crossroads Church of God

Sharing The Love Of Christ With Others



Sunday Morning Sunday School: 9 a.m. - 9:45 a.m.	Sunday Worship Service: 10 a.m. - 12 p.m. (Fellowship following worship service 1st Sundays)	Wednesday Prayer/Bible Study: 7 p.m. - 8 p.m.
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231-A John Day Road • Off Hwy 16 East • Canton, MS 39046
Church: 601-859-2858

New Bethel Missionary Baptist Church

Pastor, Dr. F. R. Lenoir



Sunday School - 9:15 a.m.
Sunday Morning Worship - 10:30 a.m.
Live Radio Broadcast
WOAD AM 1300 - 11:00 a.m. - 12:00 p.m.



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New Bethel M. B. Church • 450 Culberston Ave. • Jackson, MS 39209
601-969-3481/969-3482 • Fax # 601-969-1957 • E-Mail: Serenitynbc@aol.com

It's museum time: a one-stop adventure of diverse cultural attractions that honor anti-lynch law crusader Ida B. Wells-Barnett

By Janice K. Neal-Vincent, Ph.D.
Contributing Writer

During the late 19th and early 20th centuries, Ida B. Wells-Barnett's works on anti-lynching campaigns faced by African Americans drew attention. Upon visiting Ida B. Wells-Barnett Museum and Cultural Center of African American History, tourists are exposed to a 20-minute film that depicts the saga of the African American race's trials and tribulations.

Beyond the film are six rooms that display African American contributions and artifacts that commemorate Wells-Barnett's remarkable life and contributions as a distinguished African American journalist, civil rights activist and suffragist. According to the Reverend Iona Harris, executive director, the museum honors Wells-Barnett's tireless advocacy for civil rights and social justice.

A face-to-face interview with Harris several weeks ago brought attention to Wells-Barnett's courageous and pioneering triumphs during the civil rights movement along with criticism and backlash she faced from opponents of her outspoken and controversial views, particularly as they pertained to racism and segregation.

Wells-Barnett's efforts, however, are widely acknowledged and appreciated.

Harris maintained that initially the journalist and civil rights activist had to flee to New York due to threats and dangers that she encountered in Mississippi from southern racial violence and persecution. Later, she settled in Chicago. Though based in Chicago, Wells-Barnett maintained ties with Holly Springs, Mississippi (her birthplace) with frequent visits while advocating for civil rights and speaking out against racial violence.

Harris mentioned that since its 1996 inception, the museum frequently attracts visitors from the community, including local students from public schools and college students, as well as church groups, nonprofits and families.

Rust College students were assigned to tour the museum. "This experience provided an enriching opportunity to delve into the legacy of Ida B. Wells-Barnett, exploring her impact on civil rights and journalism – a crucial aspect of their educational journey at Rust College," added the executive director.

In addition to community, educational, family and church groups, tourists from various states also spend time at the museum. Harris noted that approximately 20 groups from Louisiana, Texas, Tennessee, Arkansas, Missouri, Illinois and other states have participated in tours. The COVID-19 pandemic, however, has produced visitation declines.

"Prior to the pandemic," stated Harris, "the museum saw a significant increase in frequent visitors. People came from various parts of the United States and even from other countries."

She noted that though the pandemic is not over, visitation numbers are rising.

The museum comes replete



A portrait of Ida B. Wells-Barnett, commissioned by Harvard University in celebration of her life, was unveiled April, 2006. (L/R standing) Donald Duster (grandson); Patricia Watwood (portraitist); Benjamin Duster (grandson); (Seated) Troy Duster (grandson) and Alfreda Duster-Ferrell (granddaughter).



On February 1, 1990, The U.S. Postal Service issued the 25 cent Ida B. Wells-Barnett Commemorative Stamp at the Museum of Service and Technology in Chicago, Illinois, which became the 13th entry in the Popular Black Heritage Series of Stamps.



The Rev. Iona Harris, executive director of Ida B. Wells-Barnett Museum Cultural Center of African American History, discusses the anti-lynching crusader's noteworthiness while explaining various aspects of Wells-Barnett's Book. PHOTOS BY JANICE NEAL-VINCENT



The Rev. Iona Harris at display of Wells-Barnett books and artifacts.

with multicultural programs in celebration of the diverse cultural ethnic and historical backgrounds of the community and the world. There are cultural exhibitions, multicultural festivals, educational workshops, lecture series, language and cultural classes, film screenings, collaborations with cultural organizations, community engagement programs and cultural heritage perseveration. Programs are designed for a heightened sensitivity and awareness of humanity and the

world in which we live.

"The Ida B. Wells-Barnett Museum is dedicated to Wells-Barnett's legacy and serves as a valuable resource for educating and inspiring visitors about her remarkable contributions to the civil rights movement and her impact on American and world history," stated Harris.

Harris is open for discussion regarding the specific goals and initiatives of Ida B. Wells-Barnett Museum. She is committed to engaging with the community and fostering positive rela-

tionships with stakeholders.

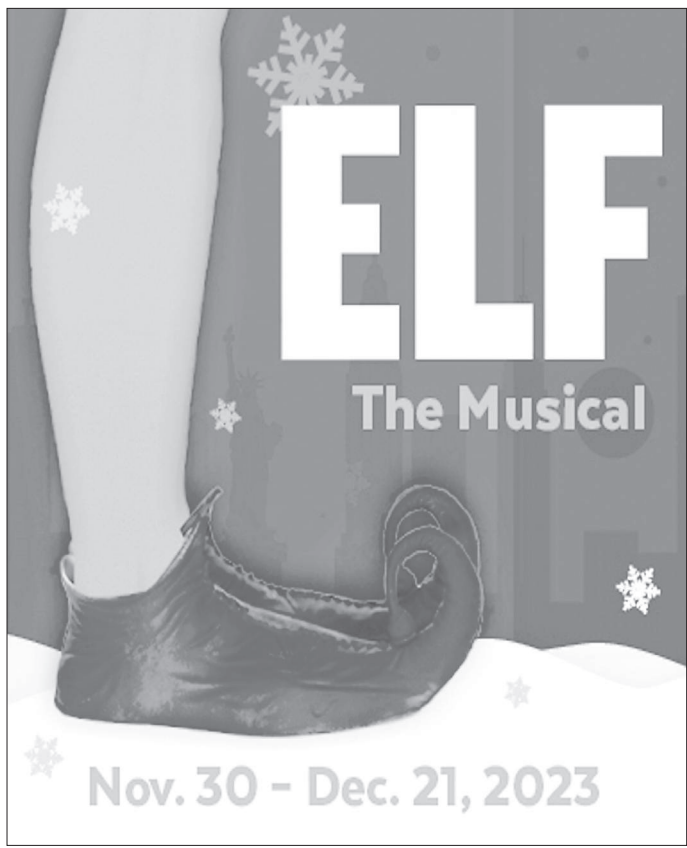
Financial transparency and decision-making are key elements for museum maintenance.

In-person visits to events, exhibitions or openings to network with museum staff are highly recommended.

You may submit proposals for exhibitions at www.idabwellsmuseum.org

Visit the museum at 220 North Randolph Street, Holly Springs, MS 38635. Call 662 252-3232 for visiting days, hours.

Discover your inner Elf at New Stage Theatre



Mississippi Link Newswire

New Stage Theatre presents Elf The Musical November 30-December 21. Based off the New Line Cinema Hit with a book by Thomas Meehan and Bob Martin, music by Matthew Sklar, and lyrics by Chad Beguelin, Elf The Musical is sure to be a holiday hit.

Curtain times and dates for performances are November 30-December 1, December 7-9, 12, 14-16, 19-21 at 7:00 p.m. and December 2, 3, 10, & 17 at 2:00 p.m.

Ticket prices are \$45 with discounts available for students, senior citizens, military and groups. Tickets can be purchased at the box office, charged by phone by calling the theatre at (601) 948-3533, or ordered online at www.newstagetheatre.com.

This production is sponsored by Blue Cross Blue Shield and Trustmark. Security provided and patrols during performances. Recommended for ages 8+.

"The best way to spread Christmas Cheer is singing loud for all to hear!" A title known the world over, Elf The Musical is based on the cherished 2003 New Line Cinema hit. Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human until his enormous size and poor toy-making abilities cause him to face the truth.

With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh realities that his father is on the naughty list and his half-brother doesn't even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas.

"Fans of the movie will enjoy many of Buddy's familiar

antics with the added bonus of great musical numbers. It's pure, entertaining fun," said Director Peppy Biddy about Elf The Musical!

New Stage Theatre Artistic Director Francine Reynolds said, "Elf The Musical continues the New Stage tradition of holiday musicals for the entire family. You do not have to be familiar with the movie to enjoy Elf The Musical, as its songs and story reminds us of the magic of this special time."

Seeing the innocent understanding of Santa through Buddy the Elf's eyes will help children and adults renew a joyous Spirit of Christmas.

Director Peppy Biddy, Musical Director Carol Joy Sparkman, and Choreographer Xerron Mingo are beautifully bringing Elf The Musical to life for us with an extremely talented company.

The cast includes: Jack Baugh as Buddy (New York), Ray McFarland* as Walter (Jackson), Laura Dixon as Emily (Jackson), McKellar Goff as Michael (Madison), Cadman McQueen as Michael (Madison), Jaymi Horn as Jovie (Ohio), Chris Roebuck as Santa (Jackson), Xerron Mingo as Manager (Florida), Ben Williams as Mr. Greenway (Jackson), Ali Dinkins as Deb (Jackson), Cameron Pitre as Chadwick (Jackson), Simeon Taylor as Matthews (Jackson), Blaize Sutherland as Kid on Santa's Lap (Terry), Reginald Jefferson as Kid on Santa's Lap (Jackson), and Drew Stark (Florida), Erick Weeks (Madison), Paul Pelletier, Jr. (Florida), Baxter Evans III (Clinton), Mandy Kate Myers (Jackson), Leslie Ann Harkins (Jackson), Jayla Lomax (Jackson), Jamie Ferguson (Alabama), Morgan McKay (California), and Jade K. Dyer (Florida) as Ensemble Members. (*appears through the courtesy of Actors' Equity Association.)



LEGAL

PUBLIC NOTICE

THE JACKSON REDEVELOPMENT AUTHORITY WILL RECEIVE PROPOSALS UNTIL 5:00 O'CLOCK P.M., JANUARY 31, 2023, FOR SPACE AVAILABLE TO BE LEASED IN THE MUNICIPAL PARKING FACILITY NO. 2

Proposals to lease space in the Municipal Parking Facility No. 2 will be received by the Jackson Redevelopment Authority (the "Authority") via the online portal only at www.jrams.org, until 5:00 o'clock P.M., January 31, 2023, for any space available to be leased in the Municipal Parking Facility No. 2 (the "Facility").

The Municipal Parking Facility No. 2 is located in the City of Jackson, Mississippi, on the south side of Capitol Street, between Congress and President Streets, and space available for lease is located on the first floor of the Facility.

All proposals shall be in accordance with all of the requirements of the Request for Proposals, copies of which are available for review via the online portal only at www.jrams.org. Proposals shall be made by those interested on or before 5:00 o'clock P.M., January 31, 2023.

Thereafter, Notice of Request for Proposals by the Authority to lease any remaining available space in the Municipal Parking Facility No. 2 shall be published monthly until all space in the Facility is leased, with the last Submission Deadline being 5:00 p.m. on December 29, 2023. Interested parties may submit proposals to the Authority for any unleased available space pursuant to RFP issued and dated December 29, 2022, or subsequently.

Such further information as is available regarding lease space in the Municipal Parking Facility No. 2 may be obtained via the online portal only at www.jrams.org.

12/29/2022, 1/26/2023, 2/23/2023, 3/30/2023, 4/27/23, 5/25/23, 06/29/23, 07/27/23, 08/24/23, 09/28/23, 10/26/23, 11/30/23

LEGAL

NOTICE OF APPLICATION FOR A SPECIAL EXCEPTION

ZONING CASE NO. 4237

By virtue of and pursuant to the authority and direction of that Ordinance by the City Council of Jackson, Mississippi, appearing in Minute Book 3G at page 115 thereof, notice is hereby given to all persons interested in or in any way affected thereby, that Myriam B. Richard has filed with the Planning Board for the City of Jackson, an application requesting a Special Exception to allow for the operation of a residential community facility within a R-4 (Limited Multi-family) Residential District on property located at 1031 North Congress St. (Parcel 41-17) in the First Judicial District of Hinds County, Mississippi, and being more particularly described as:

Commencing at a 1/2" iron rebar found at the intersection of the north right-of-way line of Fortification Street with the west right-of-way line North Congress Street and thence run North 00 degrees 39 minutes 22 seconds East, along the west right-of-way line of said North Congress Street, for a distance of 180.65 feet to a 1/2" iron rebar found, said point also being the True Point of Beginning of the tract herein described:

From the True Point of Beginning thence leave said right-of-way and run South 89 degrees 53 minutes 13 seconds West for a distance of 149.45 feet to a 1/2" iron rebar found in the centerline of an abandoned 10 foot alley; thence run North 00 degrees 16 minutes 44 seconds East, along said centerline of alley, for a distance of 71.83 feet to a 1/2" iron rebar set; thence leave said alley and run North 89 degrees 55 minutes 25 seconds East for a distance of 149.49 feet to a 1/2" iron rebar set; thence run South 00 degrees 18 minutes 33 seconds West for a distance of 71.73 feet back to the True Point of Beginning, and being situated in Lot 73 of the H.C. Daniels Official City Map, dated 1875, City of Jackson, Hinds County, Mississippi.

Said application will be heard at the City Planning Board Hearing in the Andrew Jackson Conference Room, First Floor, Warren A. Hood Building, 200 S. President Street in Jackson, Mississippi, at 1:30 p.m., on Wednesday, December 20, 2023, at which time all parties interested in or affected thereby will be heard both pro and con on said question, after which a record will be established upon which the City Planning Board can make its recommendation to the City Council of Jackson. Any objection thereto may be made by any person owning property within the area, and if made in writing must be filed with the City Zoning Administrator before said time if a hearing thereof or consideration thereof is desired, or by counsel on said date. If a request is made to the Zoning Administrator at least 72 hours in advance, the City will take steps to accommodate citizens need for interpreters or auxiliary aids for the visually/hearing impaired.

DUE TO COVID-19 AND THE CONCERN FOR THE PUBLIC HEALTH, SAFETY AND WELFARE, THE PLANNING BOARD MEMBERS AND THE APPLICANTS HAVE THE OPTION TO ATTEND THE MEETING VIA TELECONFERENCE/VIDEO OR IN PERSON WITH REGARDS TO THE WEARING OF MASKS AND THE SOCIAL DISTANCING REQUIREMENTS. MEMBERS OF THE PUBLIC MAY ATTEND VIA TELECONFERENCE/VIDEO BY EMAILING EAINSWORTH@CITY.JACKSON.MS.US TO REGISTER PRIOR TO DECEMBER 13, 2023.

WITNESS my signature this 22nd day of November 2023.

/s/Ester L. Ainsworth
Zoning Administrator
City of Jackson, Mississippi

11/30/23, 12/14/23

LEGAL

NOTICE OF APPEAL FOR A REZONING

ZONING CASE NO. 4228

By virtue of and pursuant to the authority and direction of that Ordinance by the City Council of Jackson, Mississippi, appearing in Minute Book 3G at page 115 thereof, notice is hereby given to all persons interested in or in any way affected thereby, that Kristi Kirkwood has filed with the Planning Board for the City of Jackson, an application requesting a Rezoning from R-1A (Single-Family) Residential District to R-2 (Single-Family & Two-Family) Residential District to allow for the construction of a two family residential unit for the property located at 0 Old Canton Rd. (Parcel 564-16) in the First Judicial District of Hinds County, Mississippi, and being more particularly described as:

Lot 1, Block B, Canton Club Subdivision, Part 1, a subdivision according to the map or plat thereof which is on file and record in the office of the Chancery Clerk of Hinds County at Jackson, Mississippi, in Plat Book 12 at Page 26 thereof, reference to which is made in aid of and as a part of this description. And being the same property described in Instrument recorded in Book 4584 at Page 507.

Said application was heard by the City Planning Board on Wednesday, October 25, 2023 with a recommendation to deny. The applicant has filed an Appeal of the recommendation of the Planning Board. The Case will be heard at the City Council's Zoning Meeting in the Council Chambers, First Floor, City Hall, 219 S. President Street in Jackson, Mississippi, at 2:30 p.m., on Monday, December 18, 2023.

WITNESS my signature this 21st day of November 2023.

/s/Ester L. Ainsworth
Zoning Administrator
City of Jackson, Mississippi

11/30/23, 12/14/23

LEGAL

Electronic Bidding
Advertisement for Bids
Bid 3252 ESSER Renovations for Provine High School

Sealed, written formal bid proposals for the above bid will be received by the Board of Trustees of the Jackson Public School District, in the Business Office, 662 South President Street, Jackson, Mississippi, until 10:00 A.M. (Local Pre-vailing Time) Tuesday, January 16, 2024, at which time and place they will be publicly opened and read aloud. A Pre-Bid Conference concerning the project for Provine High School will be held at 2400 Robinson Street, Jackson, MS 39209 on Wednesday, January 10, 2024, at 10:30 a.m. Attendance at the pre-bid conference is not mandatory but strongly encouraged. The Board of Trustees reserves the right to reject any and all bids, to waive informalities, and to withhold the acceptance of any bid if approved for forty-five calendar days from the date bids are opened.

Plan holders are required to register and order bid documents at www.jpdsmsprojects.com. A \$300.00 Non-refundable deposit shall be required on each set of bid specs/documents and must be purchased through the website. All plan holders are required to have a valid email address for registration. Questions regarding website registration and online orders, please contact Plan House Printing, 607 W. Main Street, Tupelo, MS 38804, (662) 407-0193. Questions regarding bid documents please contact Cody Farris at Duvall Decker. Phone:601-713-1128 or Email: cnf@duvalldecker.com.

11/30/23 12/7/23

LEGAL

NOTICE TO BIDDERS
City of Jackson
Jackson, Mississippi

Sealed, signed bids are invited and will be received by the City of Jackson, Mississippi, until 3:30 P.M. in the City Clerk's Office of Jackson, the bid must be stamped in by 3:30 P.M. Tuesday, December 19, 2023 at which time said bids will be publicly opened at the City Hall located at 219 South President Street (City Council Chambers) in City Hall for the following:

93684-121923 RFP 36 —Month Maintenance & Repair of City Towers

BIDS ARE NOW AVAILABLE AT WWW.JACKSONMS.GOV AND WWW.CENTRALBIDDING.COM

The above must comply with the City's specifications. Copies of proposal forms can be obtained from the Purchasing Division, 200 South President Street, Room 604, Hood Building, and Jackson, Mississippi 39201. Copies of bid specifications are filed with the City Clerk for public record in accordance with House Bill No 999, 1986 Regular Session of the Mississippi Legislature.

The City of Jackson is committed to the principle of non-discrimination in Public Purchasing. It is the policy of the City of Jackson to promote full and equal business opportunities for all persons doing business with the City. As a pre-condition to selection, each contractor, bidder or offer shall submit a completed and signed Equal Business Opportunity (EBO) Plan Application, with each bid submission, in accordance with the provisions set forth by authority of the City of Jackson's EBO Ordinance. Failure to comply with the City's EBO Ordinance shall disqualify a contractor, bidder or offer. from being awarded an eligible contract. For more information on the City's EBO Program, please contact the Office of Economic Development at (601)960-1638. Copies of the EBO Ordinance, EBO Plan Application and a copy of the EBO Program are available with the Office of Economic Development at 218 South President Street, Second Floor, and Jackson, Mississippi.

The City reserves the right to reject any and all bids. The City also reserves the right to waive any and all informalities in respect to any bid submitted. Bid awards will be made to the lowest and best bidder quoting the lowest net price in accordance with specifications. The award could be according to the lowest cost per item; or to the lowest total cost for all items; or to accept all or part of any proposal. Delivery time may be considered when evaluating the bid proposal. In those cases where it is known prior to advertising that the City's intention is to award according to the lowest total cost for all items, or in some variation thereof, statements to this affect will be included on the proposal form. Absence of such statement means the City will make that determination during the bid review.

Monica Oliver, Manager
Purchasing Division
(601) 960-1028/1025

11/30/23, 12/07/23

LEGAL

NOTICE OF APPLICATION FOR A VARIANCE

ZONING CASE NO. 4235

By virtue of and pursuant to the authority and direction of that Ordinance by the City Council of Jackson, Mississippi, appearing in Minute Book 3G at page 115 thereof, notice is hereby given to all persons interested in or in any way affected thereby, that the Martin Ingram has filed with the Planning Board for the City of Jackson, an application requesting a four foot (4') Variance from the required twenty-five feet (25') front yard setback requirements for properties within a R-1A/R-1 (Single-Family) Residential District to allow for the construction of a carport for the property located at 1322 Simwood Place (Parcel 450-186) in the First Judicial District of Hinds County, Mississippi, and being more particularly described as:

LOT FOURTEEN (14), ROXBURY PARK SUBDIVISION, ACCORDING TO THE PLAT

THEREOF ON FILE IN THE OFFICE OF THE CHANCERY CLERK OF HINDS COUNTY, MISSISSIPPI IN PLAT BOOK 14 AT PAGE 41, LESS AND EXCEPT BEGINNING AT THE SOUTHEAST CORNER OF LOT 14; THENCE NORTHERLY ALONG THE EASTERN BOUNDARY LINE OF LOT 14 FOR A DISTANCE OF 108.62 FEET TO THE NORTHWEST CORNER OF LOT 15, ROXBURY PARK; THENCE TURN LEFT 89 DEGEES 24 MINUTES AND GO WESTERLY 7 FEET; THENCE TURN LEET AND GO SOUTHERLY AND PARALLEL TO THE EASTERN LINE OF LOT 14 A DISTANCE OF 108 FEET TO THE NORTH LINE OF SIMWOOD PLACE; THENCE TURN LEFT AND GO EASTERLY 7 FEET TO THE POINT OF BEGINNING.

Said application will be heard at the City Planning Board Hearing in the Andrew Jackson Conference Room, First Floor, Warren A. Hood Building, 200 S. President Street in Jackson, Mississippi, at 1:30 p.m., on Wednesday, December 20, 2023, at which time all parties interested in or affected thereby will be heard both pro and con on said question, after which a record will be established upon which the City Planning Board can make its recommendation to the City Council of Jackson. Any objection thereto may be made by any person owning property within the area, and if made in writing must be filed with the City Zoning Administrator before said time if a hearing thereof or consideration thereof is desired, or by counsel on said date. If a request is made to the Zoning Administrator at least 72 hours in advance, the City will take steps to accommodate citizens need for interpreters or auxiliary aids for the visually/hearing impaired.

DUE TO COVID-19 AND THE CONCERN FOR THE PUBLIC HEALTH, SAFETY AND WELFARE, THE PLANNING BOARD MEMBERS AND THE APPLICANTS HAVE THE OPTION TO ATTEND THE MEETING VIA TELECONFERENCE/VIDEO OR IN PERSON WITH REGARDS TO THE WEARING OF MASKS AND THE SOCIAL DISTANCING REQUIREMENTS. MEMBERS OF THE PUBLIC MAY ATTEND VIA TELECONFERENCE/VIDEO BY EMAILING EAINSWORTH@CITY.JACKSON.MS.US TO REGISTER PRIOR TO DECEMBER 13, 2023.

WITNESS my signature this 22nd day of November 2023.

/s/Ester L. Ainsworth
Zoning Administrator
City of Jackson, Mississippi

11/30/23, 12/14/23

LEGAL

REQUEST FOR STATEMENT OF QUALIFICATIONS
JACKSON MUNICIPAL AIRPORT AUTHORITY
STATE GOVERNMENT LOBBYING SERVICES
JMAA PROJECT NUMBER 007-24

The Jackson Municipal Airport Authority is requesting Statement of Qualifications and Expressions of Interest to provide state lobbying and related services to JMAA in connection with the Jackson Municipal Airport Authority State Government Lobbying Services at JMAA Project No. 007-24 at JAN.

Scope of Work:

The Services to be provided include but are not limited to the following:

General Representation Requirements
Internal and External Communications
Intergovernmental and External Relations
Secure Sources of Funding
Other Services, as Directed by JMAA
Specific services will be detailed in the RFQ solicitation.

JMAA will receive sealed electronic or printed submissions only. All submissions of Statement of Qualifications to perform the Services will be accepted until Wednesday, December 13, 2023, at 4:00 p.m. Central Standard Time (CST). RFQ shall be accepted electronically, by mail, or by hand delivery as follows:

Electronically jmaabids.com

By mail or hand delivery JMAA's Administrative Office, Suite 300
Main Terminal Building
Jackson-Medgar Wiley Evers
International Airport 100 International Drive,
Jackson, Mississippi 39208

Interested persons may obtain a copy of the Information for Respondents from JMAA via JMAA's website: jmaabids.com.

11/23/23 11/30/23

LEGAL

NOTICE OF APPLICATION FOR A REZONING

ZONING CASE NO. 4238

By virtue of and pursuant to the authority and direction of that Ordinance by the City Council of Jackson, Mississippi, appearing in Minute Book 3G at page 115 thereof, notice is hereby given to all persons interested in or in any way affected thereby, that OPAL Fuels has filed with the Planning Board for the City of Jackson, an application requesting a Rezoning from I-1 (Light) Industrial District to I-2 (Heavy) Industrial District to allow for the installation of a renewable natural gas CNG Station at the property located at 605 E. McDowell Rd. (Parcel 602-4) in the First Judicial District of Hinds County, Mississippi, and being more particularly described as:

Tract 1: The following described land and property situated in the First Judicial District of Hinds County, Mississippi, to-wit:

Part of Lot 3 of the Ellen L. Poindexter Survey in the East ½ of the NW ¼ of Section 21, Township 5 North, Range 1 East, First Judicial District of Hinds County, Mississippi, and being more particularly described by metes and bounds as:

Commence at the NW corner of Lot 3 of the Ellen L. Poindexter Survey situated in Section 21, Township 5 North, Range 1 East, First Judicial District of Hinds County, Mississippi, said point being on the centerline of the McDowell Road Right-Of-Way (being 80 feet in width) as is presently laid out and existing and proceed thence S 0 degrees 30 minutes W for 40 feet to a point on the South line of McDowell Road; thence S 89 degrees 24 minutes E along the South line of McDowell Road for 80 feet to the NW corner of the Bel Air Enterprises, Inc. property; thence S 0 degrees 30 minutes W along the West line of the Bel Air Enterprises, Inc. property for 976.0 feet; thence S 19 degrees 13 minutes E along the West line of the Bel Air Enterprises, Inc. property for 439.4 feet; thence S 86 degrees 31 minutes E along the South line of the Bel Air Enterprises, Inc. property for 142.8 feet to the SW corner and the point of beginning of the property herein described; continue thence S 86 degrees 31 minutes E along the South line of the Bel Air Enterprises, Inc. property for 961.3 feet to the SE corner of the Bel Air Enterprises, Inc. property; said point being on the East line of Lot 3, Ellen L. Poindexter Survey; thence N 0 degrees 30 minutes E along the East line of Lot 3 for 755.0 feet; thence North 89 degrees 30 minutes W for 960.0 feet; thence South 0 degrees 30 minutes W for 705 feet to the point of beginning of the property herein described.

Tract 2:
6.0035 Acres more or less in Lot 3 of the Ellen L. Poindexter Survey in the East Half of the Northwest Quarter of Section 21, Township 5 North, Range 1 East, First Judicial District of Hinds County, Mississippi and being more particularly described by metes and bounds as follows:

Commence at the northwest corner of the said Lot 3 of the Ellen L. Poindexter Survey, said northwest corner being on the centerline of east McDowell Road right of way (being 80 feet in width), and run thence south 0 degrees 30 minutes west for a distance of 40.0 feet to a point on the south right of way line of East McDowell Road; run thence south 89 degrees 24 minutes east along said south right of way line of East McDowell Road for a distance of 970.0 feet to an Iron Pin which marks the POINT OF BEGINNING for the parcel herein described; continue thence along the said southerly right of way line of East McDowell Road for a distance of 158.39 feet to an Iron Pin; thence turn through an interior angle of 89 degrees 39 minutes and run southerly for a distance of 200.0 feet to an Iron Pin; thence turn through an interior angle of 270 degrees 21 minutes and run easterly for a distance of 200.0 feet to an Iron Pin; thence turn through an interior angle of 89 degrees 39 minutes and run southerly along the east line of the said Lot 3 of the Ellen L. Poindexter Survey for a distance of 492.45 feet to an Iron Pin; thence turn through an interior angle of 90 degrees 27 minutes and run westerly along the north line of Miss Jack property for a distance of 493.15 feet to an Iron Pin; thence turn through an interior angle of 90 degrees 01 minute and run northerly along the east line of A-1 Self Storage for a distance of 240.0 feet to an Iron Pin; thence turn through an interior angle of 179 degrees 53 minutes and run northerly along the east line of W. W. Grainger property for a distance of 153.3 feet to an Iron Pin; thence turn through an interior angle of 90 degrees 00 minutes and run easterly for a distance of 140.0 feet to an Iron Pin; thence turn through an interior angle of 270 degrees 06 minutes and run northerly along the east line of the Sandair Corp. property for a distance of 300.0 feet to the point of beginning.

Said application will be heard at the City Planning Board Hearing in the Andrew Jackson Conference Room, First Floor, Warren A. Hood Building, 200 S. President Street in Jackson, Mississippi, at 1:30 p.m., on Wednesday, December 20, 2023, at which time all parties interested in or affected thereby will be heard both pro and con on said question, after which a record will be established upon which the City Planning Board can make its recommendation to the City Council of Jackson. Any objection thereto may be made by any person owning property within the area, and if made in writing must be filed with the City Zoning Administrator before said time if a hearing thereof or consideration thereof is desired, or by counsel on said date. If a request is made to the Zoning Administrator at least 72 hours in advance, the City will take steps to accommodate citizens need for interpreters or auxiliary aids for the visually/hearing impaired.

DUE TO COVID-19 AND THE CONCERN FOR THE PUBLIC HEALTH, SAFETY AND WELFARE, THE PLANNING BOARD MEMBERS AND THE APPLICANTS HAVE THE OPTION TO ATTEND THE MEETING VIA TELECONFERENCE/VIDEO OR IN PERSON WITH REGARDS TO THE WEARING OF MASKS AND THE SOCIAL DISTANCING REQUIREMENTS. MEMBERS OF THE PUBLIC MAY ATTEND VIA TELECONFERENCE/VIDEO BY EMAILING EAINSWORTH@CITY.JACKSON.MS.US TO REGISTER PRIOR TO DECEMBER 13, 2023.

WITNESS my signature this 22nd day of November 2023.

/s/Ester L. Ainsworth
Zoning Administrator
City of Jackson, Mississippi

11/30/23, 12/14/23

DISCOUNT GUN SAFE

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1 hour
30 gun capacity



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Liberty Revere 64

Factory 2nd
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1 hour
64 gun capacity



\$1,599

Liberty USA 50

Fire-rated 1200°
1 hour
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Sudoku

The challenge is to fill every row across, every column down, and every 3x3 box with the digits 1 through 9. Each 1 through 9 digit must appear only once in each row across, each column down, and each 3x3 box.

	9				1			3
7	6					4		
			3	6				
	5	1		8				
				1				
			2					4
	3		8	4		6		
		8				9	3	5
		6	9		2			1

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Sudoku Solution

8	9	4	7	2	1	5	6	3
7	6	3	5	9	8	4	1	2
2	1	5	3	6	4	7	8	9
3	5	1	4	8	9	2	7	6
9	4	2	6	1	7	3	5	8
6	8	7	2	5	3	1	9	4
1	3	9	8	4	5	6	2	7
4	2	8	1	7	6	9	3	5
5	7	6	9	3	2	8	4	1

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LEGAL

NOTICE OF APPLICATION FOR A USE PERMIT
ZONING CASE NO. 4236

By virtue of and pursuant to the authority and direction of that Ordinance by the City Council of Jackson, Mississippi, appearing in Minute Book 3G at page 115 thereof, notice is hereby given to all persons interested in or in any way affected thereby, that Ebony Pearls Foundation Incorporated has filed with the Planning Board for the City of Jackson, an application requesting a Use Permit to allow for the operation of a community recreational center within a C-3 (General) Commercial District on property located at 6060 Bonita St. (Parcel 709-4-5) in the First Judicial District of Hinds County, Mississippi, and being more particularly described as:

That certain tract or parcel of land situated in Section 1, T6N-R1E, Jackson, Hinds County, Mississippi, and being more particularly described as follows: Beginning at the Western most corner of Lot 1, Block H, of Beverley Heights, Part I, as recorded in Plat Book 7 at Page 17 of the Chancery Records of Hinds County, Mississippi, and run thence S 63 degrees 30' E, along the Southern boundary of said Block H of Beverley Heights, Part I, 212.00 1'; run then S 27 degrees 33' W, 293.18'; run thence N 62 degrees 27' W, 20.00'; run thence S 27 degrees 33' W, 112.50'; run thence N 62 degrees 27' W, 141.11' to the East boundary of Lot 33, Block K, Beverley Heights, Part 3, as recorded in Plat Book 11 Page 36 of the aforesaid Chancery records; run thence N O degrees 00' 57" E, along the East boundary of said Lot 33, 40.68 1 to the NE corner thereof; run thence N 62 degrees 36 1 37" W, along the Northern boundary of Lot 33, 3209' to the Eastern R.O.W. line of Bonita Avenue; run thence N 27 degrees 33' E, along the said East R.O.W. line of Bonita Avenue, 369.52 to the point of beginning, containing 1.888 acres, more or less,

Plus: A non-exclusive easement for ingress and egress over that certain tract of land also situated in Section 1, Township 6 North, Range 1 East, First Judicial District of Hinds County, Mississippi, and described as follows:

Commence at the Western most corner of Lot 1, Block H, of Beverley Heights, Part I, as recorded in Plat Book 7 at Page 17 of the Chancery Records of Hinds County, Mississippi, and run thence S 27 degrees 33' W, along the Eastern R.O.W. line of Bonita Avenue, 293.00' to the Point of Beginning for the herein described easement; run thence S 62 degrees 27' E, 334.90' to the beginning of a curve; run thence Southeasterly, counter-clockwise, along the arc of said curve, 132.92 1 to the point of tangency; said curve having the following characteristics: central angle of 27 degrees 13'03", radius of 279.81' and chord bearing and distance of S74 degrees 02 1 44" E, 131.67'; run thence S 89 degrees 40' 03" E, 362.38' to the Western R.O.W. line of Interstate Highway 55, as it is now (July 1989) in use; run thence S 3 degrees 51' 07" W, along the Western R.O.W. line of Interstate Highway 55, 60.11'; run thence N 89 degrees 40' 03" W, 358.69' to the beginning of a curve; run thence Northwesterly, clockwise, along the arc of said curve, 161.42' to the point of tangency; said curve having the following characteristics: central angle of 27 degrees 13' 03", radius of 339.81' and the chord bearing and distance of N 74 degrees 02' 44" W, 159.91'; run thence N 62 degrees 27' W, 334.98' to the Eastern R.O.W. line of Bonita Avenue; run thence N 27 degrees 33' E, along the Eastern R.O.W. line of Bonita Avenue, 60.00' to the point of beginning. (the "Subject Property")

Said application will be heard at the City Planning Board Hearing in the Andrew Jackson Conference Room, First Floor, Warren A. Hood Building, 200 S. President Street in Jackson, Mississippi, at 1:30 p.m., on Wednesday, December 20, 2023, at which time all parties interested in or affected thereby will be heard both pro and con on said question, after which a record will be established upon which the City Planning Board can make its recommendation to the City Council of Jackson. Any objection thereto may be made by any person owning property within the area, and if made in writing must be filed with the City Zoning Administrator before said time if a hearing thereof or consideration thereof is desired, or by counsel on said date. If a request is made to the Zoning Administrator at least 72 hours in advance, the City will take steps to accommodate citizens need for interpreters or auxiliary aids for the visually/hearing impaired.

DUE TO COVID-19 AND THE CONCERN FOR THE PUBLIC HEALTH, SAFETY AND WELFARE, THE PLANNING BOARD MEMBERS AND THE APPLICANTS HAVE THE OPTION TO ATTEND THE MEETING VIA TELECONFERENCE/VIDEO OR IN PERSON WITH REGARDS TO THE WEARING OF MASKS AND THE SOCIAL DISTANCING REQUIREMENTS. MEMBERS OF THE PUBLIC MAY ATTEND VIA TELECONFERENCE/VIDEO BY EMAILING EAINSWORTH@CITY.JACKSON.MS.US TO REGISTER PRIOR TO DECEMBER 13, 2023.

WITNESS my signature this 22nd day of November 2023.

/s/Ester L. Ainsworth
Zoning Administrator
City of Jackson, Mississippi

11/30/23, 12/14/23

LEGAL

NOTICE OF PUBLIC HEARING OF THE
JACKSON HISTORIC PRESERVATION COMMISSION

NOTICE IS HEREBY GIVEN THAT THE JACKSON HISTORIC PRESERVATION COMMISSION (JHPC) WILL HOLD ITS MONTHLY MEETING OPEN TO THE PUBLIC ON WEDNESDAY, DECEMBER 13, 2023 AT 12:00 NOON IN THE ANDREW JACKSON CONFERENCE ROOM (RM. 105) OF THE WARREN HOOD BUILDING, 200 SOUTH PRESIDENT STREET, JACKSON, MISSISSIPPI.

I. APPLICATIONS FOR CERTIFICATE OF APPROPRIATENESS

Old Business
A. CASE NO. HPNC-23-6
LOCATION: 112 PINEHAVEN DR (PARCEL 16-82)
HISTORIC DISTRICT: BELHAVEN APPLICANT: Varuni Kern
REQUEST: REVVIEW OF DESIGN DOCUMENTS TO MAKE MODIFIED COA
RECOMMENDATION FOR WINDOW REPLACEMENT ON THE REAR OF HOME.

New Business
A. CASE NO. HPNC-23-12
LOCATION: 1442 GREYMONT ST. (PARCEL 15-143-4)
HISTORIC DISTRICT: BELHAVEN APPLICANT: SHARON POLLARD
REQUEST: TO REPLACE SHAKE STYLE METAL ROOFING WITH CORRUGATED METAL ROOF.

B. CASE NO. HPNC-23-21
LOCATION: 300 FARISH ST. (PARCEL 83-3-1)
HISTORIC DISTRICT: FARISH ST APPLICANT: ANDERSON ERVIN
REQUEST: CONSTRUCT NEW TWO STORY SINGLE FAMILY RESIDENCE AS A PERSON HOME ON PARCEL NUMBER 83-3-1. THE NEW RESIDENCE WILL MATCH THE AESTHETIC OF THE BUILDING LOCATED ON 83-3 WITH BRICK AS THE PRIMARY BUILDING MATERIAL FOR THE EXTERIOR ELEVATIONS, ARCH WINDOWS ON THE SECOND FLOOR, AND A LOW SLOPED ROOF TIED TO AN INTERNAL DRAINAGE SYSTEM.

C. CASE NO. HPNC-23-23
LOCATION: 205 N LAMAR ST UNIT 15. (PARCEL 84-13-2)
HISTORIC DISTRICT: FARISH ST APPLICANT: KIMBERLY VIVERETTE
REQUEST: INSTALL RAYNOR ALUMNA VIEW AV300 GARAGE DOOR STYLE WINDOWS ON EXISTING STRUCTURE. THIS REQUEST IS IN CONJUNCTION WITH CASE# HPNC-22-34.

D. CASE NO. HPNC-23-25
LOCATION: 760 ARLINGTON ST. (PARCEL 12-67)
HISTORIC DISTRICT: BELHAVEN APPLICANT: LOUIS WILKINSON
REQUEST: REBUILD SINGLE CAR GARAGE THAT WAS DESTROYED BY A FALLEN TREE.

II. OTHER ITEMS FOR DISCUSSION
ADJOURNMENT
DATES OF PUBLICATION: NOVEMBER 30, 2023 & DECEMBER 7, 2023.

PLEASE SEND PROOF OF PUBLICATION TO: ERIC D. LEWIS (P. O. BOX 17, 200 S. PRESIDENT ST. SUITE 204, JACKSON, MS 39205-0017); HISTORIC PRESERVATION (601) 960-1857 OR EMAIL IT TO Ericd@Jacksonms.gov.

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COMMISSIONERS MAY UTILIZE CONFERENCE CALLING OR VIDEO CONFERENCING TO HEAR CASES & VOTE IN THE EVENT OF THEIR ABSENCE.

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Week of November 26, 2023

Despite its imperfections, let's be thankful that we live in the United States of America

By James B. Ewers Jr., Ed.D.
President Emeritus
Teen Mentoring Committee of Ohio



Last week, we enjoyed another Thanksgiving holiday. It is a holiday that began many years ago.

The first Thanksgiving according to the records was celebrated in November 1621. This celebration lasted three days and was attended by 90 Native American Wampanoag people and 53 survivors of the Mayflower ship. People on the ship were called pilgrims. Assorted fish, wildfowl and corn were eaten during this time.

Now, we fast forward to this most recent Thanksgiv-

ing. Some things have changed but the tradition food, fun and fellowship remains the same. Everyone had their fill of turkey and assorted dishes. If you lived in New Orleans, you had gumbo, too.

The time spent with family and friends was priceless. As I grow older and nearing over-time, I value this time even more. Telling stories and playing games ruled the day.

If you are a grandparent like I am, you become an instant playmate. Sitting still for young grandchildren is not an option. Constant movement reigns supreme. If you are a grandparent, you know what I mean.

Many would say that Thanksgiving is the official

start to the holiday season. We know about the Black Friday sales and Cyber Monday sales. I would opine that since October, there have been many sales offering various discounts and deals. If you are a customer at a department store, you receive emails from them almost on an hourly basis about a sale. Like you, I get them so much that I just disregard them.

During Thanksgiving, we cook more, we eat more, and I believe we treat each other better. Let me suggest that we try to treat each other better throughout the year and not just during the holiday season. Having patience and goodwill have proven to be good characteristics to have no matter the time of year.

We are blessed to live in this country where we can truly be our brother's and sister's keeper. As we look around the world, this is not always possible in other countries.

The war in Ukraine rages on as Russia attempts to break the will of this country. Since February 2022, thousands of people have been killed and injured. The level of mayhem and destruction happening there is beyond words. Records show this Russian invasion was the largest attack on a European country since World War II.

The people of Ukraine have national holidays yet, because of the turmoil, they cannot celebrate them with any joy and happiness. The stress and strife of the war have placed the lives

of the people there at risk every day.

The same can be said for those involved in the war in Israel. There, hundreds have been kidnapped and thousands have been killed. Families have been dissolved because of what is happening in that region of the world. The family structure has been tormented and torn apart forever. Seats at the dinner table will be empty and desks at schools will go unoccupied.

However, there is a bit of a breakthrough as talks have occurred recently that have resulted in some hostages being freed. We will have to wait and see if this continues to be the case.

In both Ukraine and Israel,

killing and suffering have taken its toll. We can only imagine what rebuilding these areas will be like and how long it will take.

Let us pray for those who are in dangerous and dire circumstances now. Pictures that we see on television show hopelessness and fear. What will the future hold for them?

Thankfully, we live in an America where we are free. Sometimes, we take freedom for granted. We the people have certain rights and privileges that have provided us with a template for successful living.

As this Thanksgiving holiday has passed, let's reflect upon our blessings and be thankful for them.

For too many kids getting outside is easier said than done

By Ben Jealous
People For the American Way



Last week, after a restful Thanksgiving, my family made a deliberate choice to #OptOutside on Friday. #OptOutside is a growing movement in which participating organizations and companies close their doors on Black Friday, give their employees a paid day off, and encourage all of us to embrace the serenity of nature instead of succumbing to the frenzy of Black Friday shopping. I'm an outdoors enthusiast, from a long line of outdoors enthusiasts.

As a dad, I try to instill a strong love of nature in my kids and make sure they reap the vast benefits of spending time outside in and among nature. However, I'm aware that my family's ability to enjoy the outdoors is a blessing that's been denied to far too many other black families. Like pollution and climate change, inadequate access to nature is not a crisis shouldered equally.

Sadly, it won't surprise you that it falls hardest on people of color and low-income communities. A study of park accessibility by the Trust for Public Land concluded that "systemic racism and redlining have led to chronic disinvestment in parks and recreational facilities in marginalized communities."

The result is one that perpetuates a cycle of inequality: "Too few parks as well as parks marred by cracked asphalt, barren fields and broken play equipment." All people, and especially children, need easy access to safe, clean

outside spaces for healthy bodies and minds. Yet one third of all Americans – among them, 28 million children – don't have any sort of park or natural space within a 10-minute walk of their home.

According to analysis of 2017 demographic data by Conservation Science Partners, people of color were three times more likely than white people to live in an area that is considered nature deprived, with people who identified as Black or African American being the group most likely to live in one of these areas.

Sixty-eight percent of people who identified as Black or African American lived in a nature deprived area. Seventy percent of low-income people did. And a whopping 76% of low-income people of color lived in a nature deprived area. Lack of nature access is not only an issue of one's physical proximity to a park or green space.

People of color, especially Black people, have an unfortunate history in this country of segregation and exclusion from public lands and natural places. We've been met with threats and violence while in nature. And for too long we were even excluded from the conservation movement fighting to protect natural lands.

The consequences of this are still felt today. What does this nature gap and nature deficit mean for our kids? Years of studies have shown that children who spend less time outdoors are more likely to deal with physical health problems, ranging from childhood obesity to vitamin D deficiency, as well as reduced motor skills development and higher rates of emo-

tional illnesses like anxiety and depression.

Meanwhile, we also know that when kids spend time in nature, besides the general benefits of exercise, it helps build confidence, reduce stress and promote creativity. So, closing the nature gap, as a goal, should be a priority to all of us who have fought long and hard to close the opportunity gaps faced by our kids and our communities.

That's why I'm glad that this week marks a broad, rejuvenated push for Congress to pass the bipartisan Outside For All Act, which would increase access to nature and opportunities for outdoor recreation in urban and low-income communities. By codifying the Outdoor Recreation Legacy Partnership (ORLP) program into federal law, the Outdoors For All Act would make the immense benefits of local parks more equitable and accessible to all.

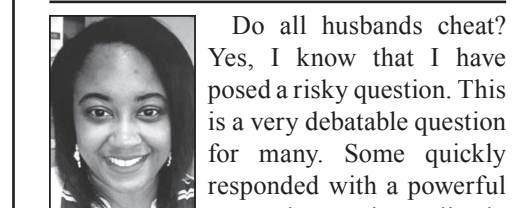
Those benefits, according to the office of U.S. Sen. Alex Padilla, one of the bill's sponsors, include job creation, shade and tree cover, and clean air, as well as "new trails, green spaces, playgrounds, cultural gathering spaces, and more."

It all adds up to healthier bodies and minds for our children, and building more of a shared understanding, for all of us, of why spending time outdoors and protecting nature are so critical to our wellbeing.

Ben Jealous is executive director of the Sierra Club, professor of practice at the University of Pennsylvania and author of "Never Forget Our People Were Always Free."

Do all husbands cheat?

By LaShunda Calvert, Ph.D.
Tips for a Good Marriage



Do all husbands cheat? Yes, I know that I have posed a risky question. This is a very debatable question for many. Some quickly responded with a powerful yes and some immediately exclaimed no. Further, others have their doubts, and some don't care to answer.

Society has unfortunately stereotyped all men as cheaters for decades, but do all husbands cheat? Do all husbands – white, black, tall, short, six pack, two pack, no pack, uneducated, educated, business owners, non-business owners, servicemen, educators, doctors, lawyers, politicians, pastors, ministers, deacons, coaches, athletes, cashiers, store/restaurant managers, etc. – do they all cheat on their wives?

Are there any husbands who have been faithful to their one wife like the Great Evangelist Billy Graham, who was faithfully and happily married to his wife for over sixty-three years. In fact, Graham's wife, Ruth, was the only woman that he ever kissed. It gave Graham joy to talk about his faithfulness, contentment and love for his wife, Ruth. They were a blessed union.

What is cheating? Cheating is engaging in sexual intercourse and/or emotional intimacy with someone besides your spouse. Further, cheating is seeking and desiring the pleasure of another individual's touch, kiss, affection, smell, attention, conversation/texting based on emotional connections that you think you share with each other.

What does cheating look like? It looks like the following:

- Physical affairs
- Emotional affairs
- Lusting after someone who isn't your spouse
- Of course, cheating can also constitute – prioritizing everything/everybody before your wife like your family, money, job, business, children, church, social media, technology, man cave, etc.

Why do husbands cheat? Of course, there are many reasons that husbands justify cheating. For instance, some blame their wives for cheating – because she is all negative, some justify cheating because of sexual dissatisfaction (communicate), some husbands justify cheating because they can't just be with one person the rest of their life, want something different, for some it's all about the cheeks (junk in the trunk), the age, the color, the education, the conversation, eyelashes, lack of responsibility, etc. Husbands – cheating on your wife is not worth it.

Proverbs 5:3-6 states: For the lips of an immoral woman drip honey, and her mouth

is smoother than oil, but in the end, she is bitter as wormwood (poisonous/toxic) as wormwood, sharp as a two-edged sword. Her feet (this includes the pedicured feet too) go down to death, her steps lay hold of hell. Lest you ponder her path of life – her ways are unstable; you do not know them.

This above Proverb have all men in mind for every day of the year – every nation – every state, – doesn't matter your background – the other woman can destroy any man – including you.

I will never understand why and how husbands think they know the other woman after a brief meeting of maybe sleeping with her twice and then suddenly declaring that you all are soul mates. You daydream and fantasize about how she understands and supports you more than your wife does. Yes, you are correct she supports your wrong in hurting and betraying your wife, in some cases, your good and faithful wife. Further, she also mostly understands your money/benefits, understands your property/assets, and she understands that she is playing a role in breaking up your God given marriage and family.

In conclusion, it does not matter why husbands justify cheating – it is wrong! It is foul! It is low down!

Husbands hold yourself accountable and admit that some, if not all, the issue of betraying your wife reflects you. There is never an excuse for a husband to cheat. Husbands, if you are having problems with your vehicle – you don't typically go purchase or rent another one immediately before getting it checked – meaning if you and your wife are having issues – get some professional counsel; believe it or not new cars have issues too – so that doesn't solve anything.

Do all husbands cheat? No, they do not all cheat because they take all their vows seriously. Further, many husband, contrary to society perception of them being henpecked, feminine, weak, truly are content with their God given wives. Moreover, many husbands understand that the other woman according to Proverbs will only lead him to destruction. However, most importantly, the main reason that many husbands have not cheated and will not ever cheat on their wives is because they truly love the woman that God gave them, and no other woman could never replace his wife in any way.

Contact Dr. LaShunda Calvert for speaking engagements (motivational, ministering, marriage counseling, marriage workshops, marriage seminars, marriage conferences, etc.) Marriage Ministry: The Restoration Church, Suite H, Jackson, MS. 39206, on Instagram: letsstay2gether4ever (Dr. LaShunda Calvert), Facebook: Dr. LaShunda Calvert Email letsstaytogether4eva@gmail.com or call 601 874-6176.


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Hinds CC Jackson Campus inducts PTK members



(L-R) Jaden Price, Ashley Bufford, Kerwin Pleasant (Not pictured: Madison Knox and Timothy Russell.)

The Mississippi Link Newswire

Hinds Community College's Jackson Campus Alpha Zeta Omega Chapter of Phi Theta Kappa held an induction ceremony on Nov. 17, 2023.

New members inducted Jaden Price, Ashley Bufford, Kerwin Pleasant, Madison Knox and Timothy Russell.

With six campuses in central Mississippi, Hinds Community College is a comprehensive institution offering quality, affordable educational opportunities with academic programs of study leading to seamless university transfer and career and technical programs teaching job-ready skills.

USDA NRCS Chief Terry Cosby to deliver ASU Commencement address

The Mississippi Link Newswire

Alcorn State University will recognize over 200 graduates during its Fall Commencement Saturday, December 9, 2023, at 9 a.m., in the Davey L. Whitney HPER Complex on the Lorman campus. Doors will open at 6 a.m.

This year's Commencement speaker is Alcorn alumnus Terry Cosby.

Cosby is chief of the United States Department of Agriculture's Natural Resources Conservation Service (NRCS).

He leads a premier federal conservation agency known for its 3,000 field office network that helps farmers, ranchers and private forest landowners plan and carry out voluntary conservation activities.

Under his leadership, NRCS is implementing key Biden-Harris Administration priorities, including once-in-a-generation investments in climate change mitigation through the Inflation Reduction Act. Cosby's priorities for NRCS include ensuring equitable access to NRCS resources for all producers, addressing climate change, supporting urban agriculture, building a diverse



Alumnus Terry Cosby will deliver commencement address

and well-trained workforce and nurturing partnerships.

During his more than 40-year career with NRCS, he has held

numerous leadership and staff positions. He began his career as an NRCS intern in Iowa in 1979 and rose through the agen-

cy's ranks to become its 17th chief on May 24, 2021.

Prior to his current position, he served as NRCS's acting chief for several months and as state conservationist in Ohio for 16 years. Terry also served as the deputy state conservationist in Idaho, assistant state conservationist for Field Operations in Missouri, and area resource conservationist in Iowa.

Cosby's conservation and agricultural roots run deep. He grew up on his family's cotton farm and attended a land grant university that prepared him well to serve all producers, including those who were historically underserved. His great-grandfather purchased the family farm in Tallahatchie County, Mississippi, in the late 1800s.

He earned his Bachelor of Science degree in agricultural education from Alcorn State University, the nation's first Black land grant university.

The ceremony will be live-streamed on YouTube at [alcorn.edu/commencement/](https://www.alcorn.edu/commencement/).

For more information about Commencement, go to <https://www.alcorn.edu/commencement/>.

California students to receive media literacy classes under new law



Bill No. 873 will integrate media literacy content into the existing mathematics, science and history-social science curriculum frameworks.

By Stacy M. Brown
NNPA Newswire Contributor

California has enacted a law mandating the inclusion of media literacy education in the K-12 curriculum, which state officials called a proactive approach to address the growing challenge of misinformation. The legislation, known as Bill No. 873, received approval from Gov. Gavin Newsom in October and is set to take effect in January 2024.

The bill, which Assemblymember Marc Berman, a Democrat representing San Mateo County in Northern California, spearheaded, emphasizes the urgent need for students to distinguish between fact and fiction, particularly in the digital age where misinformation has become more pervasive.

Bill No. 873 will integrate media literacy content into the existing mathematics, science and history-social science curriculum frameworks. According to Berman, the objective is to empower students to navigate the complex online information landscape, fostering a generation equipped to evaluate and counteract misinformation critically.

In a statement posted on his official website, Berman emphasized the significance of incorporating media literacy into the educational framework. "Teaching media literacy is a key strategy to support our children, their families, and our society that are inundated with misinformation and disinformation on social media networks and digital platforms," Berman stated.

The escalating levels of distrust in the media and the tangible consequences of online misinformation underscore the urgency of such education, the assemblyman stated. He pointed to the real-world impacts

that have transpired due to the unchecked spread of misinformation, citing examples ranging from climate denial to vaccine conspiracy theories and even the January 6 attack on the United States Capitol.

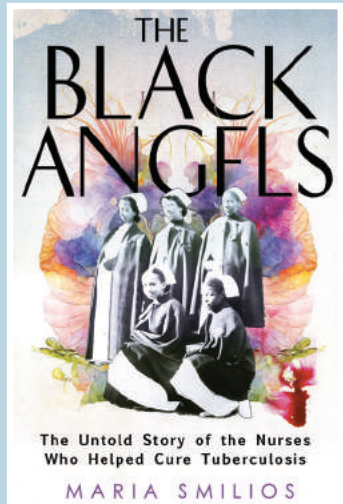
According to the National Association for Media Literacy, media literacy builds upon traditional literacy and offers new forms of reading and writing. Media literacy empowers people to be critical thinkers and makers, effective communicators and active citizens.

"Our children live in a world of powerful 24/7 media. In addition to children's exposure to traditional forms of media and advertisements like television, print (magazines, books), and billboards, new media has exploded in recent years. Over the last decade, there has been a drastic increase in the amount of time children and youth are engaging with media, particularly digital media," officials at Media Literacy Now wrote on their website.

"Children ages 2 to 8 spend an average of two hours per day, children between 8 and 12 spend four to six hours, and adolescents over 12 years old spend an average of seven to nine hours per day, according to recent research."

Officials at the advocacy group, Media Literacy Now, noted that media is everywhere, and technology is a part of life. However, they stressed that, with children spending such large amounts of time online and in front of screens, they are exposed to messages and information that can hurt their health and well-being and prevent them from becoming empowered and engaged citizens.

"The negative impact that media can have on our children is profound," officials stated.



By Terri Schlichenmeyer
Columnist

No disrespect meant. You won't tolerate it anyway, so that's a good thing. As a human being, someone who walks and talks, forms ideas and creates concepts, you absolutely, righteously demand that others give you the respect you want. The respect you deserve. Even if, as in "The Black Angels" by Maria Smilios, getting it takes decades. Edna Sutton hated her job sorting papers in a downtown office. True, it didn't require house-keeping or service, as did most



jobs for black women then, and she appreciated that. She wasn't interested in being someone's maid; instead, science "set her mind alight," and Edna dreamed of becoming a nurse. She would only be allowed to work in a black hospital, though; and there weren't many of those in Savannah, Georgia. But there were up north and in the summer of 1929, when she was told of a hospital in New York that was "recruiting" black nurses, Edna applied for a position. She'd be caring for tuberculosis patients, and the job

promised to further her education. In early 1930, she became a part of the Great Migration when she boarded a train to Harlem. For decades, Edna Sutton and her fellow black nurses did the work that white nurses would not do, tending to the poorest of the poor who often came from overcrowded tenements to Sea View on Staten Island. Sanity was a wish for those nurses: hand-washing was stressed, but masking was not. Sometimes, masking was frowned-upon.

Some were reminded the hard way that tuberculosis was airborne and highly contagious. And yet, despite long hours and putting themselves in constant danger, raises and promotions were out of reach for the black nurses, mostly due to Jim Crow laws. They struck, to no avail; the NAACP urged New York City's mayor to change the law, but he dragged his feet. To gain respect and recognition, the nurses would need "something huge... something like a war." With their help, a cure for tuberculosis would take

even longer... Imagine a disease that you can catch from a cough or sneeze, one that steals your ability to breathe and puts you in the hospital, gasping for air and grasping at life. The story of that disease is a big part of a hidden history, and not just déjà vu. Knowing what we know about pandemics, in fact, makes "The Black Angels" feel closer to home, and it makes the personal and medical sacrifices of Edna Sutton, Missouri Meadows-Walker and Virginia Allen feel larger.

Read, and recent events bring a sense of dread to the tale. Read, and you'll know the frustration involved. Author Maria Smilios then casts a wider story net that takes readers to the periphery for further understanding, to two world wars, to Harlem, medical research, and the political atmosphere of New York, 1945. Beware: the extraneous coverage goes deep and it may distract from the larger story of black heroism and history. Go with the dive, though, and you'll find that "The Black Angels" is a pretty respectable read.



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Hinds County Circuit Clerk

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Monday - Friday
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- Medical License
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 - o Proof of age must be provided in the form of Driver's License, Birth Certificate or other legal document which contains name and date of birth.

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Jackson State and Alcorn State load up on postseason awards

By Tim Ward
Sports Writer

The football season is officially over for JSU and ASU with FAMU and Prairie View set to battle for the SWAC championship this Saturday in Tallahassee, Florida. Both teams finished 7-4, but with Alcorn defeating JSU, the braves finished 6-2 in the SWAC and the Tigers finished 5-3. Respectable on both sides, however, both teams had championship aspirations.

It's well documented Jackson State was the reigning defending champion, was on a 19 game SWAC winning streak, and had a new head coach.

Head coach TC Taylor became the first Jackson State first year head coach to win 7 games in a season. The former JSU player, knows the culture and expectations that come along with wearing the JSU uniform.

Taylor wanted to win that elusive Black Championship game this season. The motto was start in Atlanta and end in Atlanta.

"I would grade myself average right now," Taylor said, "because we are not playing for a SWAC championship. I'd say a C, just an average deal, because that's the goal that we set. I'm very happy to be 7-4, make no mistake about it, and to have a winning record. I'm happy for my coaches and players. This is an average year for myself. I'm not speaking for my entire team or coaching staff because they did a great job."

Alcorn made news right after the game against Jackson State because head coach Fred McNair relieved his offensive coordinator Elliott Wratten and special teams coordinator Lane Powell of their jobs. The move came as a surprise to some fans because Alcorn won six of its final seven games and quarterback Aaron Allen was thriving in the offense. No word just yet on who will replace the coaches.

Taylor and staff have been actively recruiting players. New recruits and the right recruits are the life blood to a sports program.

The SWAC unveiled their ALL-Southwestern Athletic Conference First and Second Teams on November 27, 2023. The teams were voted on by the

league's head coaches and sports information directors.

Alcorn State filled the team with 6 players, Jackson State with 5. FAMU lead the SWAC with 13 players and Alabama State with 8 players.

Offensive lineman Deontae Graham from Jackson State, made the first team. Running back Jarveon Howard, wide receiver Monterio Hunt, and tight end Tavarious Griffin, all from Alcorn, joined Graham on the SWAC offense first team. Malachi Bailey, defensive lineman from Alcorn State, made the SWAC defense first team.

Rounding out the SWAC second team offense are quarterback Aaron Allen from Alcorn and from JSU, offensive lineman Evan Henry and tight end DJ Stevens. For the SWAC second team defense, linebacker Isaac Peppers represented Jackson State and defensive back Keenan Leachman represented Alcorn.

The SWAC second team specialist team has punter Matt Noll from Jackson State.

The SWAC announced the individual award winners also.

FAMU quarterback Jeremy Moussa was the Offensive Player of the Year and teammate Isaiah Major was the Defensive Player of the Year. Jace Wilson of Texas Southern won Newcomer of the Year and Javon Robinson of Grambling won Freshman of the Year. Coach of the year went to Willie Simmons of FAMU.



Taylor, JSU head coach



McNair, ASU head coach



Deontae Graham



DJ Stevens



Isaac Peppers

PHOTOS BY TIM WARD



Jarveon Howard



Malachi Bailey



Matt Noll



Keenan Leachman

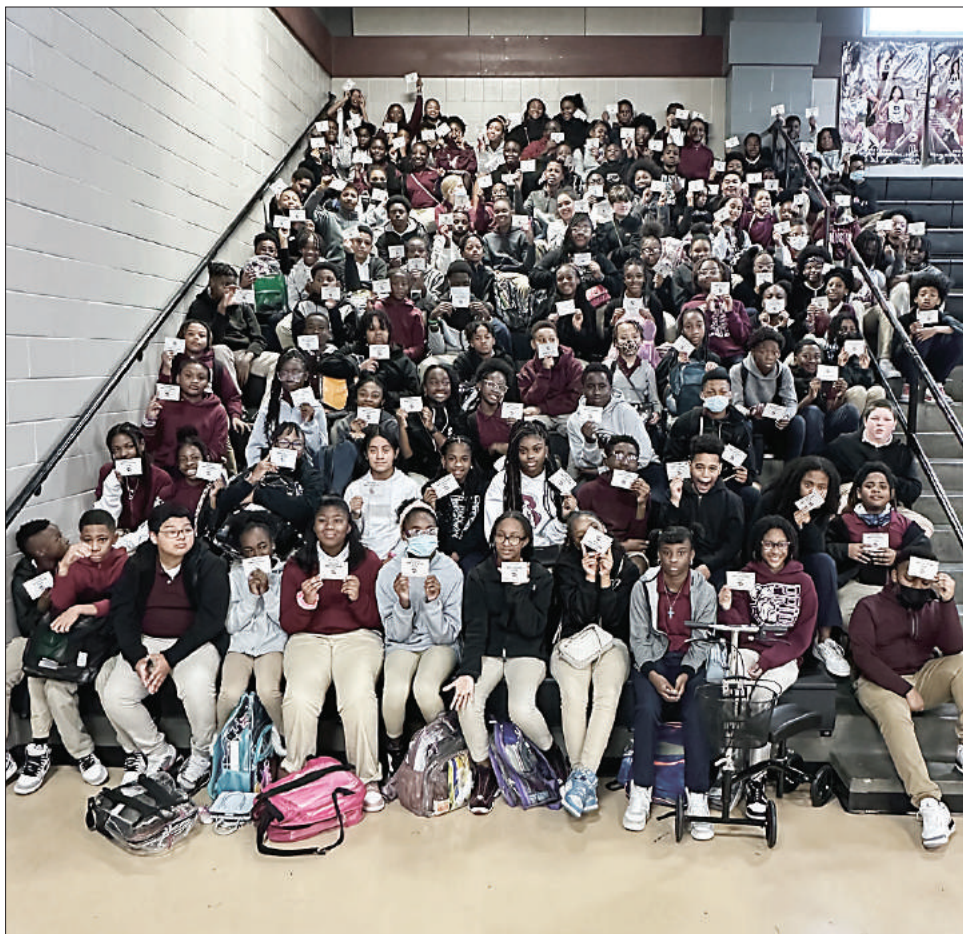
Hinds County School District Weekly Update

ENGAGING-EMPOWERING-ENSURING-EXCELLENCE

BYRAM MIDDLE SCHOOL RECOGNITION

Byram Middle School recognized the students that scored a “4 or More” on their MAAP 22-23 test. These students received a “4 or More” club card that gives them free entrance to home basketball games, select dress out days, and other activities throughout the year. The administration and staff are extremely proud of these students and their success.

Pictured below:
6th grade
7th grade
8th grade



GARY ROAD INTERMEDIATE SCHOOL

WE CELEBRATED PERFECT ATTENDANCE WITH 96 JR BULLDOGS TODAY!!!

3RD GRADE

4TH GRADE

5TH GRADE

GRI

Doritos